

**In Keeping with A
Healthy Mind & Body
We Invite You to Share
in our Spa Menu.**

**Cuisine That Is Low In
Fat & Sugars with No
Salt Added.**

**Our Spa Bento Box
Menu Allows For You
to Create A Lunch
That Will Nourish &
Recharge the Body.**

Name:

Room

Desired Time Slot:

Check One

_____ 1:00

_____ 2:00

_____ 3:00

_____ 4:00

**Please Allow 1 Hour
For Lunch If Booking
Multiple
Spa Services**

**Pricing is inclusive of
tax and gratuity**



Spa Bento Box Menu

23

Please Select One Item from Each of the Categories Below.

Greens

- Artisan Sweet Lettuces
- Crisp Romaine Hearts

Proteins

- Grilled Chicken Breast
 - Grilled Shrimp

Dressings

- Caesar
- Ranch
- Balsamic Vinaigrette

Enhancements

- Fresh Fruit Salad
- Yogurt & Granola

Beverages

Infused Water, Hot Tea,
Iced Tea, Lemonade &
Coca Cola Products

Additional items available from our Lounge menu

Consuming Raw, or Undercooked, Meat, Poultry, Eggs or Shellfish May Pose Certain Health Risks