



# May 2018



**Kamp Kanu ages 3-10**  
**Saturdays: 10am-12pm, 1-3pm**  
**12-1pm (\$12 lunch option)**  
**Sundays: 10am-12pm**  
**\*\*Extended Holiday May 28th 10am-12pm\*\***

Sun	Mon	Tue	Wed	Thu	Fri	Sa
		<b>1</b> Yoga 8:30am	<b>2</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>3</b> Yoga/Pilates Fusion 8:30am	<b>4</b> <b>Mexican Fiesta</b>	<b>5</b> Yoga 8:30am ADK Wildlife 7pm <b>Hawaiian Luau</b>
<b>6</b> Yoga 9am	<b>7</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>8</b> Yoga 8:30am	<b>9</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>10</b> Yoga/Pilates Fusion 8:30am	<b>11</b> <b>Karaoke Night</b>	<b>12</b> Yoga 8:30am <b>**Paint Party 6pm**</b> <b>Beach Party</b>
<b>13</b> Yoga 9am <b>Mother's Day</b>	<b>14</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>15</b> Yoga 8:30am	<b>16</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>17</b> Yoga/Pilates Fusion 8:30am	<b>18</b> <b>Hip Hop Party</b>	<b>19</b> Yoga 8:30am Birds of Prey 7pm <b>Mardi Gras</b>
<b>20</b> Yoga 9am	<b>21</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>22</b> Yoga 8:30am	<b>23</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>24</b> Yoga/Pilates Fusion 8:30am	<b>25</b> <b>Pirates at Play</b>	<b>26</b> Yoga 8:30am Phil Singer Caricatures 4-8pm <b>Mexican Fiesta</b>
<b>27</b> Yoga 9am <b>Karaoke Night</b>	<b>28</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>29</b> Yoga 8:30am	<b>30</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>31</b> Yoga/Pilates Fusion 8:30am		

## Kamp Kanu Events

Below are the activities for Kamp Kanu. The participants **NEED** to be dressed to be outside for the majority of the time with pants, jacket, shoes etc.

Each day the participants may:

- Color
- Hike our trails
- Go on a scavenger hunt
- Build an obstacle course
- Play themed BINGO
- Make crafts
- Play on the playground
- Play tag games



**Sunset Club ages 5-10**  
**Friday & Saturday Evenings from 6-9pm**  
**\*\*Extended Holiday May 27th \*\***

- Evening themed activities highlighted on calendar
- Pizza Dinner
- Crafts & Activities
- Entertainment

## ADK Wildlife Refuge

- Back Lobby-
- Birds of Prey
- Courtyard or Back Lobby-
- Phil Singer
- Main Stairwell-

**\*\*Paint with Jessie\*\***  
**6PM Indian Falls**

Follow step by step instructions from our local artist Jessie as you paint a one of a kind painting to take home with you.

Fee applied.  
 See Concierge for more details



**The Canoe Club will be open for guests on May 26th and 27th from 9am-6pm and May 28th from 9am-2pm. The Canoe Club will remain open on the weekends until June 23rd when the Canoe Club will be open 7 days a week 9am-6pm weather permitted.**

**Fishing will open Memorial Day weekend 8am-6pm \*\*earlier if weather cooperates and fish can be delivered\*\***