

# March 2018

Kamp Kanu ages 3-10  
 Saturdays: 10am-12pm,  
 1-3pm  
 12-1pm (\$12 lunch option)  
 Sundays: 10am-12pm

## KAMP KANU EVENTS

*"Today you are You, that is truer than true. There is no one alive who is Youer than You."*  
 — Dr. Seuss, *Happy Birthday to You!*

Below are the Crafts for Kamp Kanu. The participants **NEED** to be dressed to be outside for the majority of the time with snow pants, jacket, hat, mittens/gloves, and boots. Each day the participants may:

- Color
- Sled, Skate and/or Snowshoe as weather permits
- Build a snowman
- Make snow angels
- Go on a scavenger hunt
- Build an obstacle course
- Play themed BINGO
- Make crafts

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Yoga/Pilates Fusion 8:30am	<b>2</b>  <b>Dr. Seuss B-Day Party</b>	<b>3</b> Yoga 8:30am <b>Lake Placid Skate Show 7:30pm</b> <b>American Idols</b>
<b>4</b> Yoga 9am	<b>5</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>6</b> Yoga 8:30am	<b>7</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>8</b> Yoga/Pilates Fusion 8:30am	<b>9</b>  <b>Ice Skating Party</b>	<b>10</b> Yoga 8:30am <b>ADK Wildlife Refuge 7pm</b> <b>Mexican Fiesta</b>
<b>11</b> Yoga 9am 	<b>12</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>13</b> Yoga 8:30am	<b>14</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>15</b> Yoga/Pilates Fusion 8:30am	<b>16</b>  <b>Beach Party</b>	<b>17</b> Yoga 8:30am <b>Birds of Prey 7pm</b> <b>St. Patrick's Day Party</b>
<b>18</b> Yoga 9am	<b>19</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>20</b> Yoga 8:30am  	<b>21</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>22</b> Yoga/Pilates Fusion 8:30am	<b>23</b>  <b>Hip Hop Party</b>	<b>24</b> Yoga 8:30am  <b>Hawaiian Luau</b>
<b>25</b> Yoga 9am	<b>26</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>27</b> Yoga 8:30am	<b>28</b> Aqua Aerobics 8:30am Yoga 5:00pm	<b>29</b> Yoga/Pilates Fusion 8:30am	<b>30</b> <b>Joey D Magic Show 7pm</b>  <b>Rock Stars</b>	<b>31</b> <b>Wine &amp; Design 4pm</b>  <b>Easter Party</b>

Lake Placid Skate Show  
 -Ice Rink-  
 ADK Wildlife Refuge  
 -Back Lobby-  
 Birds of Prey  
 -Back Lobby-  
 Joey D Magic Show  
 -Movie Theater-  
 Wine & Design  
 -Indian Falls-

Sunset Club ages 5-10  
 Friday & Saturday Evenings from 6-9pm

- Evening themed activities highlighted on calendar
- Pizza Dinner
- Crafts & Activities
- Entertainment



