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The **BLACK FAMILY** SPECIAL ISSUE

**SEX AND THE SINGLE PARENT:**

Dating DO's and DON'Ts



OCTOBER 2013  
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# America's Best Family Getaways

WANT TO HUNT FOR GHOSTS? CLIMB INTO A TREE HOUSE? CRUISE THE CARIBBEAN? CHECK OUT THESE BUDGET-FRIENDLY DESTINATIONS EVERYONE IS SURE TO ENJOY.

**F**inding a vacation spot that pleases the entire family can be difficult, not to mention pricey. Never fear: We've done the work for you! These days, family-friendly resorts provide a load of options, for parents. They can keep the tots (and teens!) entertained, unwind with their spouses or enjoy the fabulous North American outdoors—from sea to ski slopes. Competing with modern resorts, cool and curated family road trips have also upped the ante in entertainment: mountain biking in the forest, touring haunted houses, and spotting A-list celebrities.

Whether you want to blow the bank account or stick to the budget, grab the kids and escape to one of these awesome American destinations.

## 1 | Out 'n' About Treehouse Treesort Takilma, Ore.

Have your kids always wanted a tree house? Surprise them with a trip to this 36-acre getaway in Southern Oregon. Nestled at the tops of trees, family-friendly cabins provide the perfect escape. With zip lines, horseback riding, rafting and arts and crafts classes, there's something for everyone to enjoy. Winter rates start at \$60 per night, including continental breakfast; [Tree-houses.com](http://Tree-houses.com).

## 2 | Ace Hotel Portland, Ore.

Attention, hipster families! Portland is the new capital of cool. A low-cost Southwest flight is a cinch for West Coasters. [The Ace Hotel Portland](http://TheAceHotelPortland.com) scores big with kids, who love the in-room

turntable, vinyl record collection and the myriad of other vintage accessories. Hop on the energy-efficient Streetcar to experience December's [Holiday Ale Fest](http://HolidayAleFest.com), a five-day celebration that features more than 40 of the Pacific Northwest's best-tasting suds, and finish the night off at the annual [Christmas Ship Parade](http://ChristmasShipParade.com), featuring a fleet of 55 to 60 brightly lit boats that stages performances on the Willamette and Columbia rivers during the holiday season; [AceHotel.com/Portland](http://AceHotel.com/Portland).

## 3 | California From San Francisco to Los Angeles

The classic family road trip never fails to inspire. One can't-miss journey is California's Highway 1, a coastal route from San Francisco to Los Angeles. Splurge by renting a plush Mer-

cedes GL-class SUV with LCD screens for DVDs and Spotify playlists. Make surprise stops along the way to visit [Monterey Bay Aquarium](http://MontereyBayAquarium.com) and even take TMZ's celebrity-spotting tour in L.A. Relax at [Hyatt Carmel Highlands](http://HyattCarmelHighlands.com) and sip local wines overlooking Big Sur coast while the kids rent mountain bikes. A day trip to [Hearst Castle](http://HearstCastle.com) is a must: Celebs such as Greta Garbo and Cary Grant used to hole up in the 115-room palace overlooking the Pacific Ocean. Kids will be especially blown away by the indoor Roman Pool, with its 23-kt.-gold-leaf tiles; [Highlandsinn.hyatt.com](http://Highlandsinn.hyatt.com).

## 4 | Tanque Verde Ranch Tucson, Ariz.

A trip to Tucson will fulfill your Old West dreams. Saddle up and explore the desert on one of the ranch's 180 horses, and get tips from experienced guides and wranglers. Seventy-degree November days are the norm and a perfect backdrop for the daily kids' camp for ages 4 through 12 to develop horse-riding skills. After your ride, slip off your boots to hike, swim, fish and hit the basketball courts for some one-on-one or relax at the spa; [Tanqueverderanch.com](http://Tanqueverderanch.com).







**5 | Ritz-Carlton,  
Bachelor Gulch**  
Beaver Creek, Colo.

If you're looking for a great family ski lodge for the upcoming season, we have you covered. Set right on the mountain at Beaver Creek, the **Ritz-Carlton** has ski nannies who will shepherd your brood to the slopes while you decompress with a private yoga lesson. When they're not off on a treasure hunt, kids will love hanging out with Bachelor, the Colorado ski lodge's friendly Labrador retriever. Plus, there's plenty of advanced terrain for the more adventurous skiers; **Ritzcarlton.com**.

**6 | Whiteface  
Lodge**  
Lake Placid, N.Y.

Ditch the dirty city snow by renting a Zipcar to drive up to Lake Placid. From the rustic timber design to the Adirondack landscape, the family will love the complete change of scenery



of **Whiteface Lodge**. Dad can indulge in the selection of 25 single-malt scotches while the tweens head to the 10-pin bowling alley and Mom takes cross-country ski lessons. Boredom isn't an issue with the fun-filled menu of group activities: hiking, canoeing, kayaking, spin fishing, fly fishing, rock climbing, snowshoeing, ice fishing and even dog sledding; **TheWhiteFaceLodge.com**.

**7 | Kingsmill  
Resort**  
Williamsburg, Va.

Want the theme park experience without the crowds and hour-long wait times for rides? Grab your family and head to



**Kingsmill Resort** in Williamsburg, with its River Pool complex complete with water slide, inner tubing, chaise lounges and sandy beach. It's a no-brainer for spring break—in case you're planning ahead. When the crew is wrinkly from swimming, the family packages include complimentary shuttles to **Busch Gardens** Williamsburg amusement park and historical Colonial Williamsburg. Mom and Dad, try a new couple's activity. Renting a pair of Segways will make for a one-of-a-kind sunset stroll, ahem, roll; **Kingsmill.com**.

**8 | Ghostbusting  
in Savannah**  
Savannah, Ga.

ATLiens, get a change of scenery with an in-state holiday to Savannah. With milder temperatures, it gets the best of both seasons as summer turns



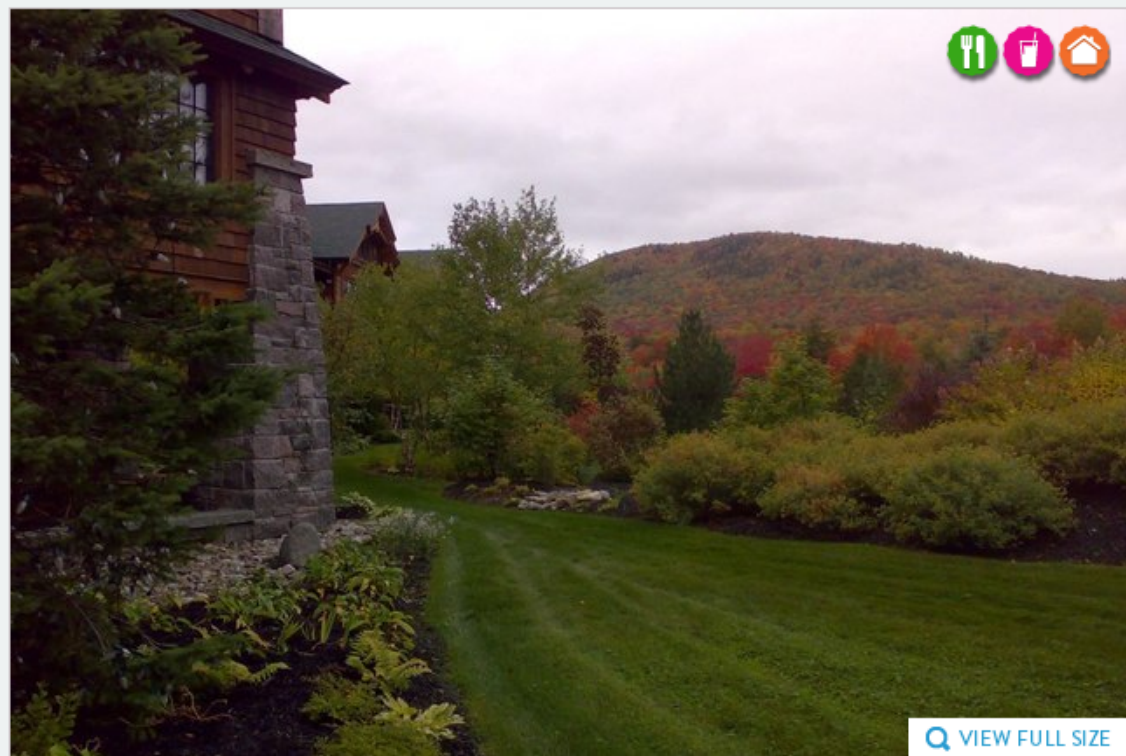
to fall. Visitors flock here during the Halloween season for the ghost-steeped history, taking "haunted" city tours, roaming **Bonaventure Cemetery**, and staying in spirit-inhabited B&Bs such as the **Olde Harbour Inn**. Ghosts or not, the eerie backdrop of Savannah will also set the stage for a U.S. history lesson. The city was a battleground during the American Revolution; was overtaken during the Civil War; and has weathered hurricanes, fires and two outbreaks of yellow fever; **OldeHarbourInn.com**.

**9 | MSC Cruises**  
Caribbean

Hop aboard a cruise to The Bahamas, St. Kitts, Barbados, Martinique or Jamaica, and avoid the hassle of flights. With rates as low as \$219 for fall and winter three-night cruises, kids can enjoy daytime excursions, bowling or theater performances while Mom rejuvenates in yoga class and Dad hits the Blackjack table. Plus, kids 11 and under sail free, and children 12 to 17 sail at a reduced rate on MSC Cruises in the Caribbean; **MSC-cruisesusa.com**.

[Home](#) > [North America](#) > [United States](#) > [Lake Placid](#)

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BY SIA ALEXANDER

Sep 29, 2013

## ALPINE SPA EXPERIENCE

The spa at the Whiteface Lodge in Lake Placid, NY takes advantage of its mountainous locale. Try the Ausable River Stone Massage for a deeply relaxing and detoxifying treatment using local stones.

<http://www.thewhitefacelodg...>

Tags: [Lake Placid](#), [New York](#), [spa](#), [lake placid](#), [sky](#)

# The Whiteface Lodge Lake Placid, a Weekend Getaway from New York

By VacationIdea Travel Editors on September 20, 2013

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The Whiteface Lodge is a relaxing summer [weekend getaway](#) in Lake Placid, New York, offering a choice of outdoor activities, relaxing spa treatments and stylish accommodations with rustic accents.

## Which Suite to Book

Whiteface Lodge suites are decorated in an elegant Adirondack style, with hardwood furnishings and hand-forged accents. Each of the 94 hotel suites features a jetted tub, a cast iron gas fireplace and a LCD, high-definition television.

On your summer [weekend getaway from New York City](#), relax outdoors on the private cedar and mahogany balconies, taking in the surrounding nature.

## The Spa

The Spa at the lodge offers a menu of signature treatments, including facials, massages and body treatments.

## Dining

Kanu restaurant at the lodge serves Classic American Cuisine, using the freshest local organic ingredients, fish and game.

## The Facts

Suites at [The Whiteface Lodge](#) start at \$588/night in the summer. Rates are lower in the off-season. [Click here for more great weekend getaways from New York.](#)







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> **I ♥ NEW YORK'S ADIRONDACK PARK**  
Georgia O'Keeffe invited me to the Adirondacks. I&rsqu...

09/03/13  
> **BALBOA PARK • SPRECKELS OUTDOOR ORGAN PAVILION**  
On many weekends or summer nights, crowds fill the plaza of ...

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> **GET HAPPY IN LA JOLLA**  
"Whoever planned heaven may have tried it out first in...

08/15/13  
> **INDIA'S LUXE LODGING**  
"Whatever you want, we can do that," Esver said,...

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> **REUNION AT THE RANCH**  
So here was the plan: a trip to celebrate my husband's...

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> **BALBOA PARK • CHERISHED GATHERING PLACES IN 1915**  
Walking east along El Prado, visitors to the 1915-16 Panama ...

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The Administration Building was the first building completed...

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> **TIPS FROM THE TRAVEL PROS**  
I'm good at finding off-the-beaten-path destinations. ...

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Article Images (roll over to view)



Myriad recreation options make Whiteface Lodge an ideal family reunion destination



**I ♥ New York's Adirondack Park**

09/13/13

Georgia O'Keeffe invited me to the Adirondacks. I've long admired the paintings she did around Lake George, New York, where she and Alfred Stieglitz spent part of each year from 1918 to 1934. These include images of bold barns, bowls of red apples, and — of course — voluptuous flowers.

When I learned that The Hyde Collection in Glens Falls, at the southern end of the Adirondacks, had opened the exhibition Modern Nature: Georgia O'Keeffe and Lake George, I knew I had to see it. And who better to share it with than a former college roommate who lives in Rochester?

I exposed my geographical shortsightedness in the first exchange of emails: Rochester, it turns out, is nowhere near Lake George (but she'd make the drive), and I was to fly into Albany, not JFK, as I had assumed.

"And we should stay at one of the Great Camps," Jacque Cady continued.

All I heard was "camp," and I flashed back to the summer we traveled in Europe together and didn't always agree on where to stay. "No way. I don't camp," I protested, which just made her laugh.

"The Great Camps are grand family compounds that were built in the Adirondacks by guys like Rockefeller, Vanderbilt, and Guggenheim. I think you'll manage."

I arrived a day before Jacque and had fun exploring Lake Placid, the site of the 1932 and 1980 ("Miracle on Ice") winter Olympics. The town is still an Olympic training center and has an outdoorsy, athletic vibe. Whiteface Mountain Ski Resort is in nearby Wilmington.

On a lake cruise I learned that the "Great Camps" were built in the latter half of the 19th century. However, newer "camps" line the shore of Lake Placid. "Camp Birch Point" belongs to the owner of Texas Instruments. Another belongs to the founder of The Vanguard Group. Bruce Springsteen rents a house and summers here with his family. ([www.lakeplacidmarina.com](http://www.lakeplacidmarina.com))

At Whiteface Lodge I heard more about the area from the staff as I enjoyed a Great Adirondack craft beer under the gaze of wall-mounted animal heads: Adirondack State Park is six million acres — bigger than the state of Massachusetts and large enough to hold Yellowstone, Glacier, Grand Canyon, Great Smokies, and Yosemite national parks combined.

Whiteface Lodge is perfect for family vacations and an ideal choice for multi-generational reunions or destination weddings. The Great Camps often had bowling alleys and myriad other recreational options and

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so does this place, which Travel + Leisure called “the Northeast’s Best Mountain Resort.” ([www.thewhitefacelodge.com](http://www.thewhitefacelodge.com))

Before heading out of town, I grabbed a deli sandwich at Simply Gourmet and met Mickey and Holly Healey who make bread in a pair of French baking ovens. Their 46 sandwich options are named after the 46 highest peaks in the Adirondacks. ([www.simplygourmetlakeplacid.com](http://www.simplygourmetlakeplacid.com))

Jacque and I rendezvoused at The Point, the impressive log mansion built on Upper Saranac Lake by William Avery Rockefeller near the end of the Great Camp Era. Here, the main lodge, a guesthouse, and a well-appointed boathouse are at the heart of the 75-acre waterfront property, and rustic chic interiors appear at once refined and lived-in. All 11 guest quarters offer lake views, antique furnishings, and sitting areas in front of large stone fireplaces where early-morning tea or coffee is served at the requested hour.

During our July visit, wildflower meadows filled the space between buildings; the sun made the stone terrace comfortable for breakfast al fresco; and the lake was just warm enough for a quick dip. On a quiet dawn kayak around the lake, a handsome loon let us paddle nearby and admire his beautiful plumage.

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My education continued at the Adirondacks Museum, a sprawling complex of buildings on Blue Mountain Lake. Suffice it to say that a few hours weren’t nearly enough, and, on my next trip to this area, I will spend a whole day. The New York Times says this is the best regional museum in the country, and I agree. ([www.adirondackmuseum.org](http://www.adirondackmuseum.org))

The following day, I made a call on Ms. O’Keeffe, admired her work, and thanked her for inviting me to experience the part of the world that meant so much to her.

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*Georgia O’keeffe: courtesy of Georgia O’Keeffe Museum Additional photography courtesy of the point and ADAMS / HANSEN STOCK PHOTOS*







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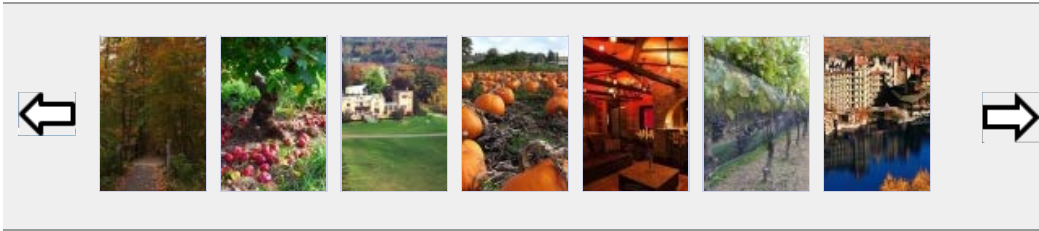
### 8 Easy Getaways To Enjoy The Fall Foliage Near NYC

By Alexa Mehraban | Sep 10, 2013 10:21 AM | Travel



Since it can be hard to enjoy the beauty of fall in the Big Apple, why not take a quick trip out of the city to appreciate the fall foliage? Whether you're planning a romantic weekend trip or a quick, one-day escape, you'll be sure to find the trip you're looking for in our guide to fall getaways.

VIEW SLIDESHOW [arrow]



Filed under: apple picking, Berkshires, Bridgehampton, Bronx River Pathway, Catskills, Cranwell, Cuvee, easy trips out of the city, Fairview Farm, Fall Foliage, fall getaways, fall getaways near nyc, fall trips, Golf, Greenporter Hotel, Hamptons, hay rides, hiking, Hudson Valley, Lake Placid, Margaretville, Martha Clara Vineyards, Masker Orchards, Mohonk House, pumpkin picking, spa, the Duck Walk Vineyards, The Roxbury, The Whiteface Lodge, Warwick, Weekend Trips, Westchester, Wine Retreat, winery, Woodstock, Zip Lining

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## The Whiteface Lodge - Lake Placid

This luxury resort is nestled in the heart of the Adirondack mountains, making it a true escape from the hustle and bustle of city life. When planning your trip this fall, make sure to save some time for exploring the mountain's famous hiking trails. During your stay at The Whiteface Lodge, you might also want to visit the hotel's spa or even spend some time in the hot tubs overlooking the mountain range.

[The Whiteface Lodge](#), 7 Whiteface Inn Ln, Lake Placid, NY



[Photo via]



detour  
 (DESTINATIONS)

# I ♥ New York's Adirondack Park



Since many "camps" in the Adirondacks are only accessible by water, lakefront boathouses are a common sight

GEORGIA O'KEEFE: COURTESY OF GEORGIA O'KEEFE MUSEUM; ADDITIONAL PHOTOGRAPHY COURTESY OF THE POINT AND ADAMS / HANSEN STOCK PHOTOS

Georgia O'Keeffe invited me to the Adirondacks. I've long admired the paintings she did around Lake George, New York, where she and Alfred Stieglitz spent part of each year from 1918 to 1934. These include images of bold barns, bowls of red apples, and — of course — voluptuous flowers.

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Lake George (formerly Reflection Seascape), Georgia O'Keeffe

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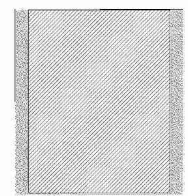
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**detour**  
 (DESTINATIONS)

« Great Smokies, and Yosemite national parks combined.

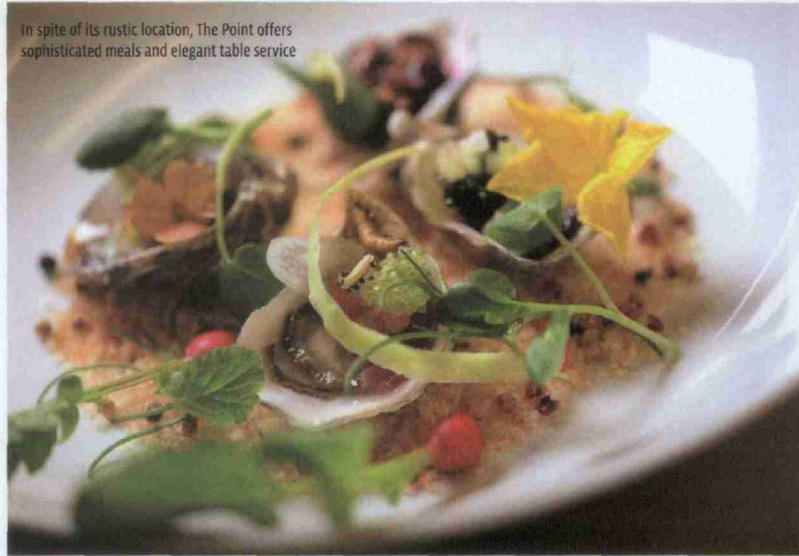
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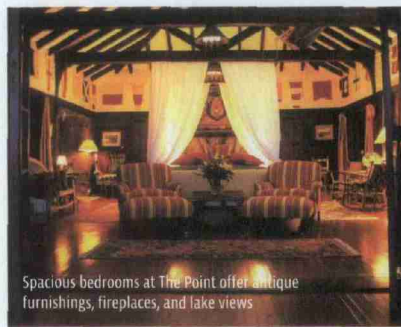
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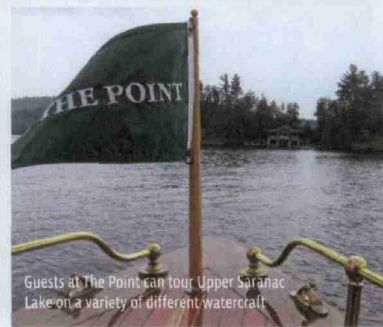
Avery Rockefeller near the end of the Great Camp Era. Here, the main lodge, a guesthouse, and a well-appointed boathouse are at the heart of the 75-acre waterfront property, and rustic chic interiors appear at once refined and lived-in. All 11 guest quarters offer lake views, antique furnishings, and sitting areas in front of large stone fireplaces where early-morning tea or coffee is served at the requested hour. »



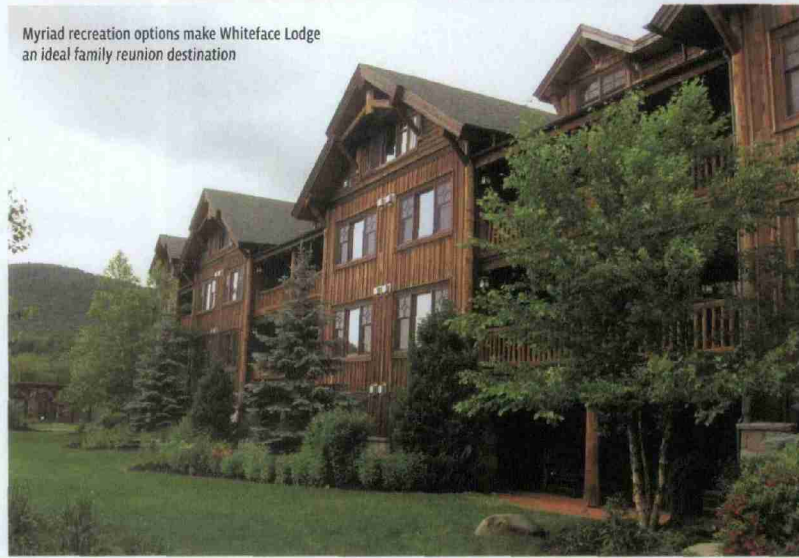
In spite of its rustic location, The Point offers sophisticated meals and elegant table service



Spacious bedrooms at The Point offer antique furnishings, fireplaces, and lake views



Guests at The Point can tour Upper Saranac Lake on a variety of different watercraft



Myriad recreation options make Whiteface Lodge an ideal family reunion destination



The food at The Point is almost as beautiful as the environment



The lean-to at The Point is one of several open bars around the property

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([www.hydecollection.org](http://www.hydecollection.org)) ELIZABETH HANSEN



The calm of Upper Saranac Lake is the perfect antidote to the noisiness of city life



## Lake Placid, N.Y., Resort Caters to Families



### taking the kids

EILEEN OGINTZ

www.takingthekids.com

**L**ynne Kylish has struck gold. Not literally, but Kylish, the mom of three from New Jersey, thinks her family found vacation nirvana at the **Whiteface Lodge** ([www.thewhitefacelodge.com](http://www.thewhitefacelodge.com)) in Lake Placid, N.Y., ([www.lakeplacid.com](http://www.lakeplacid.com)). And for a busy family looking to create happy vacation memories, that is like finding gold.

"A wonderland for kids," she said. For grown-ups too.

"As soon as you walk through the door, it wipes all your worries away," said Peter Klemm, here with his wife and sons from Connecticut.

I like to see a resort get it right and, I think, the Whiteface Lodge does. The 94-suite resort is spread out over 40 acres reminiscent of the historic "camps" of the Adirondacks with rough-hewn logs, big stone fireplaces, oversized leather furniture and whimsical décor evoking the outdoors. (Kids especially like the bear in the canoe hanging high above the dining room.) There are also expansive condo units in the lodge with kitchens but with all the amenities of a topflight resort, even a

[ PLEASE SEE **OGINTZ, B9** ]  
spa. "We have our own space but someone else takes care of everything so I can relax," said Kylish.

The only complaint I heard was from a guest from Los Angeles who was disappointed there weren't blue cheese stuffed olives for his martini — and at most places I hear lots of complaints.

The added plus is that whatever the season there is so much to do here in the Adirondacks ([www.visitadirondacks.com](http://www.visitadirondacks.com)), which is bigger than Yosemite, Glacier, the Grand Canyon, Yellowstone and the Great Smokey National Parks combined. (New York state has a new Path Through History website ([paththroughhistory.ny.gov/](http://paththroughhistory.ny.gov/)) to help you plan an Adirondacks trip and elsewhere in N.Y. State.) Lake Placid also offers:

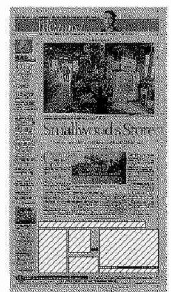
■ A wonderful interactive museum about the animals and environment in nearby Tupper Lake that is a great introduction to the region, The Wild Center ([www.wildcenter.org](http://www.wildcenter.org)).

■ The Olympic Complex (two winter Olympics were held here, in 1932 and 1980, [www.whiteface.com/facilities/olympic-center](http://www.whiteface.com/facilities/olympic-center)) where you might be able to watch a skating competition or hockey game or climb into a bobsled for the ride of your life down an Olympic track.

■ Outdoor adventures for every season — hiking, golf, kayaking, canoeing and fishing in summer and fall; skiing on Whiteface Mountain ([www.whiteface.com](http://www.whiteface.com)), snowshoeing and ice skating all winter.

We drove up the historic Veteran's Memorial Highway to the summit of Lake Placid, to take in the huge lake we'd explored by boat the day before. Franklin Delano Roosevelt, then the governor of New York, supported building the road in the early 1930s because it made the mountaintop accessible to those with disabilities, which it still does. Once there, we walked through a 426-foot tunnel carved into the mountain to board an elevator up 27 stories — the easiest summit I'd ever reached — to sprawl on the rocks looking at the spectacular views from the 4,867-foot-high peak.

That night, as we enjoyed a terrific dinner at the Brown Dog Cafe and Wine Bar ([www.thebrowndogcafeandwinebar.com](http://www.thebrowndogcafeandwinebar.com)) overlooking Mirror Lake in the village of Lake Placid, watching as locals paddled up in canoes and kayaks — one guy on a paddle-





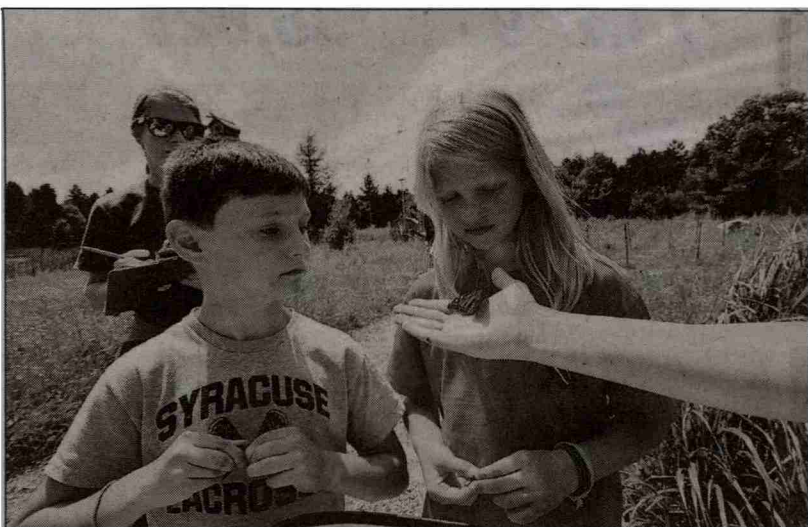
board with his dog — to listen to a free concert by the Lake Placid Sinfonietta ([www.lakeplacidsinfonietta.org](http://www.lakeplacidsinfonietta.org)), called the orchestra of the Adirondacks.

“The town is like it always was — old-fashioned in a good way,” said Karen Klemm, who spent summers here as a child.



EILEEN OGINTZ

**THE WHITEFACE LODGE** caters to families, including the shuffleboard, heated pools and great breakfasts.



EILEEN OGINTZ

**AT THE WILD CENTER**, guests can get close to monarch butterflies. It is one of several family-oriented activities in the Adirondacks.