

Whiteface Lodge: Worth It for the Bacon-Wrapped Meatloaf Alone



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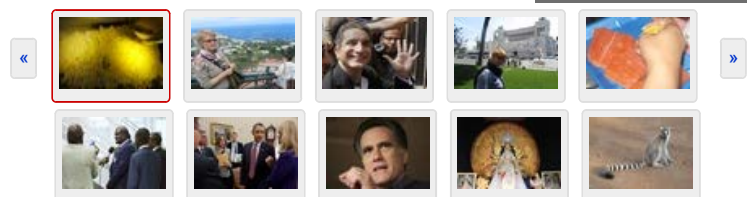
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San Francisco Chronicle When I first visited Morimoto in **Napa** soon after it opened three years ago, I was impressed with the menu and the local feel of the restaurant. It was a surprise, since chef **Masaharu Morimoto** was already known for his restaurants in **Philadelphia**, **Mumbai** and **New York**. However, this one was different - it was Morimoto's first solo venture, and Napa was the flagship. He referenced...



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Whiteface Lodge: Worth It for the Bacon-Wrapped Meatloaf Alone

By Sery Kim | Thursday, Oct 31, 2013 | Updated 4:17 PM EDT

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With the rapid turn of the weather, bright foliage harkens a truly beautiful season



for the East Coast. Lucky for us Washingtonians, there are quite a lot of scenic visages to enjoy, including a lovely rustic resort about a nine-hour drive from D.C.

The [Whiteface Lodge](#) (7 Whiteface Inn Lane, Lake Placid, N.Y.), located a stone's throw from Montreal) is an unexpectedly gorgeous retreat tucked away in the pristine Adirondacks.

Comprised of 94 all-suite guestrooms and a plethora of fun amenities, including an on-site movie theater, game room, Lake Placid's only resort spa, ice skating, an indoor pool, hot tub and ice cream shop, The Whiteface Lodge has everything a guest could conceivably need to relax and enjoy the leisurely pace of fall.

Of particular note are the two hand-crafted, luxury lean-tos, unique to the Adirondacks. Located just in front of the ice skating rink and tennis courts, the lean-tos provide a perfect view of several sloping hills and smaller mountains.

An outdoor fireplace between the lean-tos provides enough heat for a cool Adirondack night. An added bonus: Full service from the KANU Lounge, including an excellent cocktail menu creatively designed by lodge sommelier Scott Walker. I ate and drink liberally, sitting in a lean-to for about four hours without a movement except bring food and drink to my mouth.

As for the food, the KANU restaurant is a quaint three-story space with a nice, slightly limited menu. I didn't find any of the dishes particularly stand out -- except the KANU Lounge's Hunters Meatloaf (\$19), the best meatloaf I have ever had.

It's made with house-made game meat loaf (the day I ate it, it was bison, with a full exterior wrap of bacon) and laid on a bed of chive mashed potatoes with the seasonal vegetable of asparagus and natural sauce, the meatloaf was rich and hearty yet light. I devoured it and was left yearning for more... so much so, I ordered it again the very next chance I had to eat it.

I also recommend the pastries, such as the chocolate-covered strawberry muffins, made fresh daily by the charming pastry chef, but it should be noted the lodge also has s'mores available every night in their two massive outdoor fireplaces. Alas, I was never quick enough, or mean enough to shove away the little kids who went through the s'mores, but the lodge staff was kind enough to give me some ingredients to make my own one night and I loved it as much as I loved any sweet I had from the kitchen.

The kindness of the entire team is to be noted. Everyone is very attentive, as a Leading Hotels-designated resort should be. From the fresh homemade chocolate chip cookies waiting in the room every day, to the personalized readout of fun things to do both on-site and off daily, to the friendly greetings all around, I really enjoyed my stay. It felt like camp for grownups, in the very best way.

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WHITEFACE LODGE

Whisk the kids to Whiteface Lodge, an homage to the great Adirondack camps of yore. Ice skating, cookie decorating, cartoon making, and theme parties turn the woody escape into a winter wonderland for wee ones. Treat yourself to the spa, tennis, and wine tastings.

Whiteface Lodge, 7 Whiteface Inn

Credits: Courtesy of The Whiteface Lodge

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Governor Cuomo fetes three Placid hotels

First Posted: Tuesday, October 29, 2013 -4 p.m.

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ALBANY — Governor Andrew M. Cuomo congratulated five New York State hotels that were selected in the [Conde Nast Traveler Reader's Choice Awards](#) in the "Top 20 Resorts in the Northeast" category. The annual awards are selected by the publication's readers who choose the best in an array of categories including the best hotels, islands, cities, cruises, and airlines.

"This year's Conde Nast Traveler Reader's Choice Awards show that avid travelers are choosing Upstate New York as a top destination to stay and vacation," Governor Cuomo said. "This recognition of the world-class accommodations in the Adirondacks and the Catskills is well deserved, and it will help further the momentum we are generating in the state's tourism industry. We want visitors to come to New York and experience all of what we have to offer. So pack your bags, book a room at one of our outstanding hotels and explore the Empire State."

New York State's winners of the Reader's Choice Awards are as follows:

- Mirror Lake Inn Resort and Spa, Lake Placid, The Adirondacks
- Lake Placid Lodge, Lake Placid, The Adirondacks
- Mohonk Mountain House, New Paltz, The Catskills
- Whiteface Lodge, Lake Placid, The Adirondacks
- The Sagamore, Lake George, The Adirondacks

With 11 different vacation regions, New York State offers visitors and residents an abundance of activities and sights to see as well as new experiences. From quirky attractions, quaint towns, historic sites and beautiful beaches to a plethora of outdoor activities, year-round festivals and major events, the Empire State is the destination for all things travel.

Since taking office, Governor Cuomo has put in place a series of initiatives to bolster statewide tourism, including launching new marketing and advertising campaigns to showcase New York State's many assets and attractions. As the fifth largest employment sector in New York, tourism supported 714,222 jobs and generated \$17.39 billion in wages in 2012. In 2011 alone, the Empire State hosted 202 million total visitors, an 8.3 percent increase from the year before, and 76.2 million overnight visitors.

To build on these successes and continue to boost tourism and create jobs, the Governor also recently announced several new initiatives to spotlight the State's natural beauty and recreational opportunities and to attract visitors to upstate New York, as well as Market NY and Taste NY to promote "made in New York" products.

For more information on New York State, visit loveny.com.

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Frank Whitney / Getty Images

New York's Adirondack Coast

The leaves along **Lake Champlain's** western shores have long since changed and the orchards are as thick with juicy Macintoshes as the farmhouse stores are with cinnamon-glazed donuts and spiced ciders. This rustic and caloric tableau presents an inviting challenge to the Lycra crowd: How to enjoy autumn on two wheels? The answer is simple. The 33-mile **Adirondack Coast Wine Trail** leads across corn fields, around mountain peaks cloaked in purple haze, through forests painted in fiery reds, and past the doors of an massive heritage farm that was the **Googleplex** of its day.

Start at the family-owned **ELFS Farm Winery & Cider Mill** in Plattsburgh. "His plan was to make apple brandy

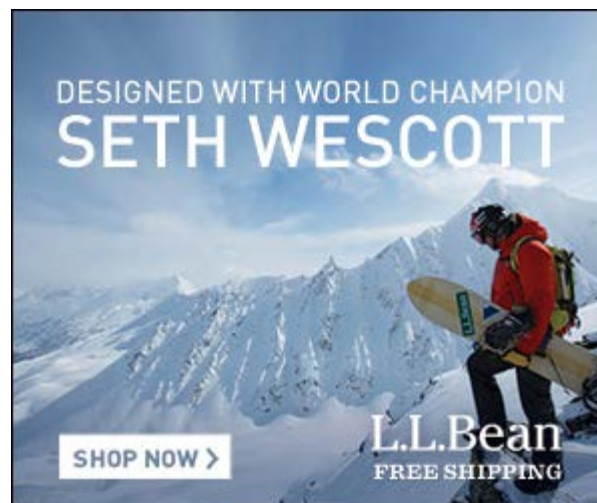
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and plant the vines as eye candy," says owner Sean Frey of his father, Tom, who started ELFS' operations in 2005. "Of course, we still have yet to distill one drop of brandy." What they do produce is hybridized wine varietals, like the Marquette grape, capable of withstanding extreme temperatures. ELFS also ferments hard ciders popular throughout the region, including bourbon-barrel and strawberry-infused flavors.

From ELFS, the route heads north past Champlain's small marinas and quiet bays, offering expansive eastward views of Vermont's Green Mountains. In the town of Chazy is the **Heart's Delight Farm Heritage Exhibit at the Miner Institute**. In 1903, innovator William Miner built the complex into a massive 15,000-acre agricultural machine utilizing the latest advances in science to produce meat, poultry, dairy, and produce for restaurants in Boston, Chicago, Montreal, and New York. "The farm had electricity before the governor's mansion in Albany," explains Amy Bedard, the institute librarian. An historical exhibit featuring some of Miner's 50-plus patents is open through October and guests can ride or walk through the farm's original structures.

Three miles south is **Chazy Orchards'** 1,700-acre empire. Founded in the twenties, the company was a pioneer in "Controlled Atmosphere" storage - 36 degrees with three percent oxygen - which prolonged the freshness of apples and was subsequently adopted by pretty much everyone. The on-site Farm Market includes a massive cooler stacked with bags of Macs and Cortlands, as well as house-made honeys, jams, and baked goods. Amped by a sugar rush of sweets and cider, continue the ride south past maple and maize back to ELFS to complete the loop.

More Information: Make it an extended stay by venturing one-hour west to New York's adventure-capital, Lake Placid and the High Peaks of the Adirondacks. The **Whiteface Lodge** is a rustic luxury hotel with 96 one- to three-room suites, nightly campfires with s'mores - including two semi-private lean-to shelters with drink service - and a Grade-A cocktail program.

- **Stephen Duncan**



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Best mountain lodges in the U.S.



Oct 24, 2013 6:29 AM by Claire Gallam
Posted in Living / Travel / Adventure Travel
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The Perfect Places For Your Rustic Getaway

There's something so enchanting and romantic about a vacation in the mountains. If you're craving a getaway like that, check out one of these five amazing mountain lodges.

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Don't worry, these aren't the mountain lodges you see on horror movies. These luxurious retreats offer the same amenities you find in five-star city properties, just with a view of stunning lakes, trees and mountains that will make your jaw drop. From Colorado to Virginia, there's a resort here for every mountain lover.

1

Whiteface Lodge, Lake Placid, New York

For many, a mountain resort isn't a true mountain resort unless it's outfitted with animals on the wall and chandeliers made of antlers. If you're this kind of person, you'll love Whiteface Lodge in Lake Placid, New York. Don't misunderstand us, though; the decor is very rustic, but the accommodations are far from quaint. Many rooms come equipped with a kitchen and wraparound patios, while others come with a view of the beautiful outdoor pool. The lodge is located on more than 6 million acres of the Adirondack Park, so anywhere you look offers a pretty view.

2

Ritz-Carlton Bachelor Gulch, Beaver Creek, Colorado

Situated at the bottom of the Bachelor Gulch Mountain, the Ritz-Carlton offers some of the most stunning views of any place in the U.S. The lobby, rooms and restaurant all boast the high-end luxury you'd expect from a Ritz-Carlton (marble bathrooms and high thread-count sheets, to name a few). Spend the extra money and stay in a resort view room for amazing vistas of the Eagle River Valley.

3

Topnotch at Stowe Resort & Spa, Stowe, Vermont

Stowe has turned into a hot spot for skiers, snowboarders and luxury hotel seekers, with scattered resorts all along the mountains. The Topnotch was actually the first full-service resort in Stowe, which means it snagged a prime location right at the base of Vermont's tallest peak. The views are incredible all year, but we recommend a stay during leaf-viewing times, when you can see vibrant shades of orange, red and yellow rolling in the distance. If you're a skier, you'll love the luxurious spa, which has hot stone and Swedish massages, as well as steam rooms, to help soothe tired muscles.

4

Montage Deer Valley, Park City, Utah

In a place like Deer Valley, which is known around the world as a top-notch skiing, snowboarding and luxury U.S. destination, it's hard to make your mark. Despite being a newbie, however, the Montage Deer Valley has already become a sought-after hotel in the popular valley. We love the stone bridge and majestic forest entry, which sets the mood for guests as they arrive. The 154 rooms and 66 suites are richly furnished and offer beautiful views of Deer Valley. One of the biggest focuses of the hotel is food, so be sure to visit their restaurants for fresh takes on Asian, pub and American dishes.

5

The Homestead, Hot Springs, Virginia

The Homestead isn't just a renowned resort sitting pretty near the Allegheny Mountains, it's a Southern institution. Even though it's seen renovations and restorations, the Homestead still reflects the same level of service, charm and Southern hospitality it started with in the 18th century. There are more than 483 guest rooms, which are decorated in period furnishings and artwork to showcase Virginia's history. There's never a dull moment at the hotel, either. You can choose from outdoor excursions, world-class golfing, five-star dining and a stay at the Canyon Ranch spa to keep you occupied.

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WHAT'S NEW ADIRONDACKS

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Local Resorts Listed in Top 20!



By [Maura Bekelja](#) on October 23, 2013 9:12 AM

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The popular travel and leisure magazine, [Condé Nast Traveler](#), polled their readers for the best resorts in the Northeast. **When the results came in, five local Adirondack and Hudson Valley getaways were named among the region's top 20 resorts!** Take a look at who made the cut!



Coming in at first place was [Mirror Lake Inn Resort and Spa](#), a AAA Four-Diamond resort in [Lake Placid, NY](#)! The Mirror Lake Inn Resort and Spa is a luxury resort that will enliven all of your senses. From fine dining to spa experiences and guided outdoor activities, the [Mirror Lake Inn Resort and Spa](#) will rejuvenate you mind, body, and soul.

In third place came the [Lake Placid Lodge](#), also in [Lake Placid, NY](#). This quiet lakeside lodge offers luxury guest rooms and cabins with that classic rustic Adirondack feel.



A New Paltz resort, the [Mohonk Mountain House](#), was named number 6 on the list of first-rate resorts. This perfect getaway is located in one of America's oldest family owned resorts. The 266-room Victorian Castle overlooks the natural setting of the Hudson river and offers plenty of diversions for all seasons.

Another [Lake Placid](#) resort, the [Whiteface Lodge](#), made the list. Whiteface Lodge is nestled among the ski slopes of Whiteface Mountain and offers incredible indoor and outdoor distractions.

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What's New In the Adirondacks



Soon after comes [The Sagamore Resort](#) in beautiful [Lake George](#). The magnificent Sagamore sits on an island overlooking the sparkling water of the lake. Among its luxury accommodations, the [Sagamore](#) provides classic Lake George water activities and golfing.

We're so happy to see local resorts getting the national recognition they deserve! What are your favorite getaway locations in the area? Let us know by commenting below!

Then, plan your trip to these, or one of many other fantastic [hotels and resorts](#) in the Adirondacks. Use the [Adirondack.net](#) guides for [things to do](#) when you get there. Keep up with the [Adirondack.net blog](#) for more updates on local businesses.

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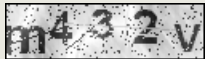
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EXPLORING THE ADIRONDACK HIGH PEAKS IN AUTUMN

OCT. 23, 2013 | 2:08 PM | BY: [CARTER JONES](#)

LOCATION: [ADIRONDACKS](#)

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NYSOM freelancer Carter Jones hiking Mt. Marcy last October.

It's easy to categorize outdoor adventures as summer's exclusive domain. Hot weather and swimming spots go hand in hand. Like anything worthwhile, however, the great outdoors are best enjoyed in a variety of contexts, and with benefits to boot. Have you ever considered the post-bug season benefits of hiking during cooler months? Perhaps you're looking to enjoy the seasonal foliage? Or maybe

you're craving the company of old friends and a glass of locally-brewed ale. If any of these scenarios piqued your interest, plan your visit to the Adirondacks during its most colorful time of the year: autumn.

When planning a trip to the Adirondacks, plan a foray into the heart of the Adirondack Park to experience some of New York's most impressive landscapes firsthand. The majority of the 46 High Peaks (which includes New York's tallest point, Mount Marcy) are no joke — some require up to seven or eight hours for a round trip climb — but always worth the effort. Hitting the trail early on a crisp autumn day, and the view will reward you. One can easily see for 30 to 40 miles in any given direction depending on the position of the mountain's summit; on one particularly lucky afternoon, this writer was able to see Lake Champlain from the top of Whiteface Mountain, which is situated north-east of most of the other High Peaks, but nevertheless almost 30 miles from the Lake. Don't be surprised if you run into treacherous snow or ice in the middle of October; climates can be drastically different when 4,000-feet above sea level. If you're not quite feeling up to tackling some of the more serious peaks such as [Marcy](#), [Algonquin](#) or [Gothics](#), the trails leading up [Cascade](#), [Porter](#), and [Phelps](#) mountains are well noted as being great introductions to the world of New York's High Peaks for adults and young children alike.

Considering the Adirondack tendency to precipitate bitter, cold rain most days throughout autumn, aspiring climbers should be cognizant that concrete plans to visit the Adirondacks during this time may need to shift. But don't forget the region isn't just for hiking extremists! Specialty shops, fine lodging, historical sites and top-notch restaurants are hard to miss when traveling from town to town.

Should you find your plans washed out by the mercurial autumn weather, Lake Placid is an ideal place to spend the day window shopping or sightseeing. No matter how cosmopolitan the patron, Lake Placid's bookstores, clothing boutiques, smoke shops and Adirondack craft dealers each offer something of interest. Handmade everything is on display in Placid and ranges from the classic Adirondack chair to intricate frames of stained glass. All of it, by the way, is conveniently located on one main drag through town. Visitors can stop in to each and every shop as they stroll Main Street by foot, walking along the southwestern perimeter of Mirror Lake.

Just a short walk or drive from Main Street's commercial strip stands the Olympic Center. Ground zero of the historic 1980 Winter Olympics' "[Miracle on Ice](#)," this arena hosted the epic match between the internationally-feared Russian hockey team and a largely amateur American roster; the Americans prevailed and eventually seized Olympic Gold. Though possibly anticlimactic for the casual sports fan, many a hockey devotee experienced at least one moment of reverence in the venue of this monumental upset; in 2008, "[Sports Illustrated](#)" named the event the "Top Sports Moment of the 20th century."

If a less sports-heavy adventure through green mountain history appeals, a modest \$2 will grant any sightseeing adult (children's admission is half-price) to the farmhouse of John Brown. A gift from Gerrit Smith of Underground Railroad renown, John Brown stayed at the house from 1849 until 1855 when he joined abolitionist forces and only visited sporadically henceforth. Though his involvement with the property was relatively brief, [Brown was buried on the grounds](#) following his execution in 1859.

But if sports and history have yet to convince you to make an autumn Adirondack trek, make a point to travel for the excellent selection of food and drink establishments. Liquids and Solids at the Handlebar one of the region's more oddball eateries, and garners much local praise. A gastro-pub — meaning more emphasis is placed on the drinks and how they complement the flavors of the food — you'll find an intriguing menu with plenty of veggie and seafood appetizers like Fried Brussels Sprouts and Spicy Pickles, though entrees, desserts and classic pub food like fries and potato skins are at the ready. As for the alcohol selection, well, one of the more confusing negative reviews on Yelp states that the beer list alone is "just too long;" we think too much of a good thing is never enough. The

average meal runs just between \$10 and \$30 per person.

If you're looking for a somewhat more conventional sit-down restaurant, but don't want to sacrifice flavor or quality service, [The Lake Placid Pub and Brewery](#) is by far the easiest way to placate the most skeptical of travel-mates. Five dollar pints and 10 dollar entrees rule the menu, but the quality hardly shifts over a variety of the Pub's iterations of classics like pulled pork sandwiches, steak dinners, or veggie burgers which offer an equally satisfying experience as their beef-laden brethren. All beer is brewed on-site, of course, and it's always easy to pick a flavorful ale or find staff willing to recommend and pour your next. Some delicious trivia: the not-so-secret ingredient in the Pub's house barbecue sauce is their most widely-recognized brew, the Ubu Ale.

And then there's Oktoberfest. During the first weekend of the hallowed month, catch [the annual festival hosted at Whiteface Mountain](#), complete with live music, lederhosen, and some of the finest drinks you can find in a well-stocked town. When the night eventually draws to a close, there's ample lodging just a stagger away ranging from the austere elegance of the [Whiteface Lodge](#) to a smattering of more reasonable chain hotels down the road in this tourist-friendly town. Having been featured in [The New York Times](#) and [USAToday.com Travel](#), the [Whiteface Lodge](#) is the obvious choice for any vacationers who happen to be looking for a spa, catch-and-release fishing pond, private movie theater, an outdoor hot tub, seasonal ice skating rink and various lean-tos in which cigars and cognac are explicitly encouraged by the management, and s'mores supplies are set out each evening. As one could probably imagine, the Lodge is fully furnished and decorated in the bare-wood style synonymous with the region, and the perception that one is walking through some sort of Adirondack castle may be worth the night's \$200+ price tag for a room.



Whiteface Lodge. (Photo by Carter Jones.)

Just a few hours' drive from almost any point in the state, the Adirondacks boast a tried-and-true, century-plus track record of providing a vacation experience that stacks up well to the perks (and potential complications) of staying at any other popular destination. But if the timing doesn't work out to catch the outstanding foliage and seasonably crisp air, don't forget the area does what it does best the winter!

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Conde Nast recognizes five in upstate

Published 6:46 pm, Tuesday, October 22, 2013

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Conde Nast named five upstate hotels to the Top 20 Resorts in the Northeast category: Mirror Lake Inn, Lake Placid Lodge and Whiteface Lodge in Lake Placid; The Sagamore in Bolton Landing; and **Mohonk Mountain House** in New Paltz. "This year's Conde Nast Traveler Readers Choice Awards show that avid travelers are choosing upstate New York as a top destination to stay and vacation," said Gov. **Andrew Cuomo**.

— *Staff report*

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The Death of the PC

The days of paying for costly software upgrades are numbered. The PC will soon be obsolete. And BusinessWeek reports 70% of Americans are already using the technology that will replace it. Merrill Lynch calls it "a \$160 billion tsunami." Computing giants including IBM, Yahoo!, and Amazon are racing to be the first to cash in on this PC-killing revolution. Yet, a small group of little-known companies have a huge head start. Get the full details on these companies, and the technology that is destroying the PC, in a free video from The Motley Fool. Enter your email address below to view this stunning video.

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A Little Getaway After the Big Event

Written by MCJStaff // October 22, 2013 // 0 Comments



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DIGITAL EDITION

By CHRISTINA VALHOULI

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"The whole idea was just so overwhelming," said Mrs. Deck, 32, of San Diego. "I just had way too much going on with the wedding to be able to plan a honeymoon at the same time. My house was a disaster, and my work was

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“A short trip allowed us to indulge and go all out,” said Mrs. Abrahamson, 25, who works at a Lutheran seminary in Chicago. “We were eating bison carpaccio and oysters, and spending time in Scandinavian spas. We couldn’t have kept up that pace for more than a few days.”

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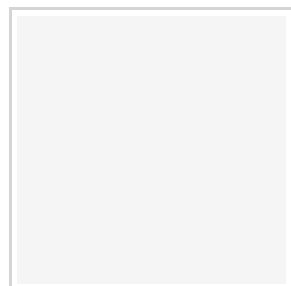
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Are you going on a "mini-moon"?

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Fun piece in this [Sunday's NY Times](#) on the new trend of taking a "mini-moon" right after the wedding and the official honeymoon a few months later.

I love this new trend, and wish it had been going on when I got married back in 2002. Because I felt like the brides quoted in the piece (and I bet you do too):

- Planning fatigue -- the idea of planning a really nice honeymoon is overwhelming, on top of planning your wedding
- Money is tight -- paying for a wedding and honeymoon in one fell swoop...that's a lot of dough
- Work is neglected -- the final weeks before your wedding, let's be real: your work gets a bit neglected. It's tough to imagine tacking another 2 weeks off after the wedding.

Interesting statistic: of the 38 couples married at the Whiteface Lodge in Lake Placid, NY, half took mini-moons after their weddings. To read full article, [click here](#).

I can think of 3 brides I worked with who married this summer who are taking "mini-moons."

How about you? What are you doing?



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Allison Moir-Smith

Bridal counselor who has been helping brides feel happier, calmer, wiser and better prepared for marriage since 2002.

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The city of New York is home to some of the finest restaurants in the world. But if you want to experience real food that is served directly from the farms, head north within the state to Lake Placid, NY. Located near USA/ Canada border, [Lake Placid](#) is nestled in the heart of the Adirondack Mountains and home to several cattle, dairy and maple farms.

Many of the restaurants in Lake Placid incorporate locally produced ingredients in their menu. Visit the Lake Placid Farmers' Market to get an idea of what's in season and who's producing it. Even the chefs and restaurateurs pick up fresh produce daily from the farmers market.

Chef David Hunt at the [Generations Restaurant](#) which is adjacent to the [Golden Arrow Lakeside Resort](#) is a strong believer of serving fresh and local. He pick up gallons of maple syrup from Uihlein and blueberries from local farms to create his signature pancakes for breakfast. Chef Hunt is also known for cooking the best cuts of steaks directly on a Himalayan pink rock salt stone, that is delivered sizzling to your table.



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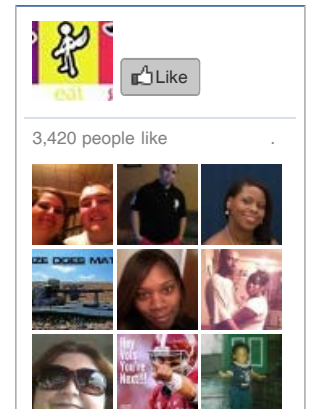


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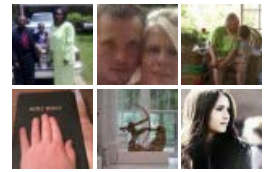
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Cheese plates serving award winning chèvre, feta and soft cheese from Asgaard Farms can be found on menus all over the city. Certified organic fresh vegetables are sourced from [Juniper Hill Farm](#) and [Fledgling Crow](#). Farmers in Lake Placid take great pride in producing good quality food without the use of artificial treatments or pesticides.



Another good place to enjoy a delicious light lunch is at KANU located at The Whiteface Lodge. Typical spa meals are bento-box style and include salads, fruits and grains. Its the perfect ending to any massage or facial at [The Whiteface Lodge](#).



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The fried Brussels sprouts at [Liquids and Solids](#) are to die for! The quintessential neighborhood hangout place serves a wide selection of local Ale's, one of a kind cocktails and international inspired small plates.



Perhaps, the best places to eat in Lake Placid is the Artisan's restaurant, located inside [Lake Placid Lodge](#). The restaurant's patio overlooks the lake and makes for a fine romantic sunset dinner. On a chilly night, you can bundle up with complimentary blankets and sit next to the burning fireplace and enjoy great views through the high windows. Here you can sample Chef Nathan Rich's seasonally inspired dishes where local flavors blend perfectly leaving you wanting for another bite.



This entry was posted in New York, Restaurants and tagged Asgaard Farm & Dairy, Chef Nathan Rich, Fledgling Crow, Golden Arrow Lakeside Resort, Juniper Hill Farm, Lake Placid, Lake Placid Lodge, Liquids and Solids, New York, restaurants, Whiteface Lodge. Bookmark the permalink.

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A Little Getaway After the Big Event

By CHRISTINA VALHOULI

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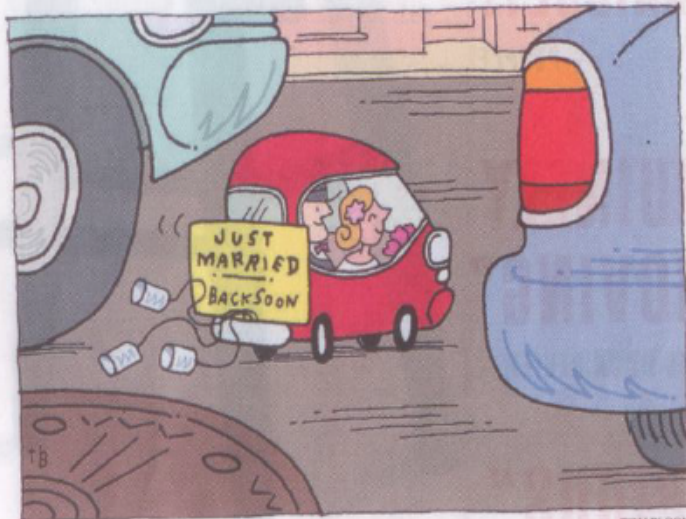
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TOM BLOOM

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Shorter honeymoons allow for more affordable options, and more honeymoons in the immediate future.

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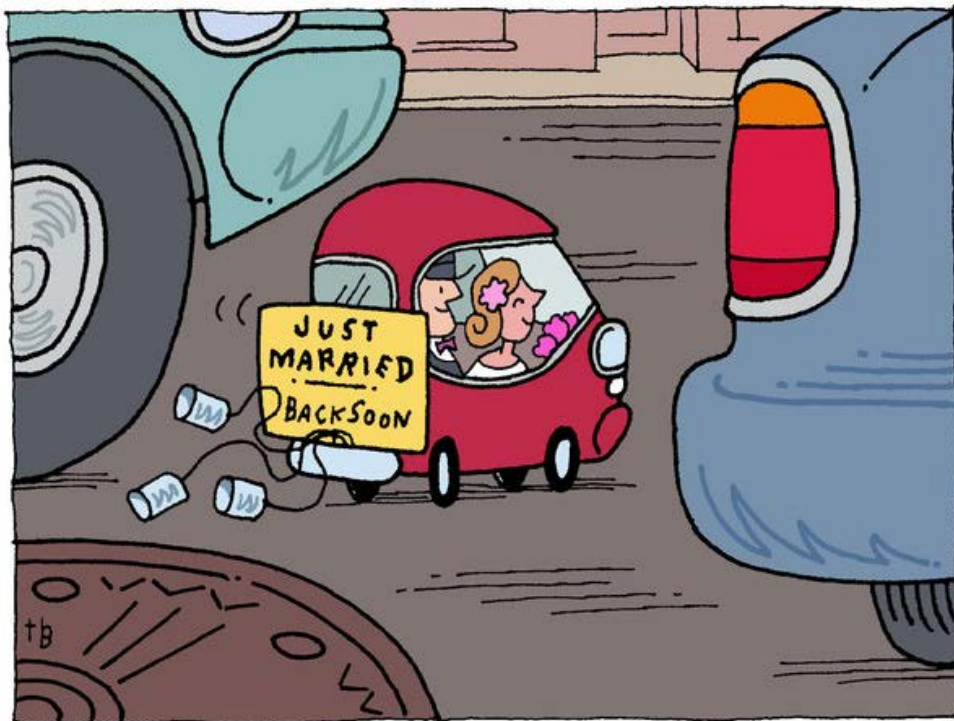
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FIELD NOTES

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Tom Bloom

By CHRISTINA VALHOULI
Published: October 18, 2013

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Tara Pollak, 29, an online marketer in New York, and her husband, Jonathan, 31, who works in marketing for a retailer that sells outdoors goods, were married around last Thanksgiving, but his job prevented them from taking time off around the holidays. They also wanted to save up for a big trip. But as word spread that they wouldn’t be going on a honeymoon, their friends and family were unpleasantly surprised.

“My mom was like, ‘You can’t *not* go on honeymoon!’ ” Mrs. Pollak said. The compromise? Three nights in a bed-and-breakfast on the East End of Long Island.

A few months later, the couple went to London for a week.

“Because we delayed the big honeymoon, we could save up for it and it was also cheaper to go in January,” Mrs. Pollak said.

Emily and Matt Abrahamson were married in September 2012 in Geneva, Ill. They took a three night mini-moon in Montreal, as Mr. Abrahamson was in graduate school at the time and could not take more time off.

“A short trip allowed us to indulge and go all out,” said Mrs. Abrahamson, 25, who works at a Lutheran seminary in Chicago. “We were eating bison carpaccio and oysters, and spending time in Scandinavian spas. We couldn’t have kept up that pace for more than a few days.”

Four months later, the Abrahamsons had a two-week honeymoon in Costa Rica.

“It was fun because it felt like the wedding was being extended,” Mrs. Abrahamson said.



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But does a delayed honeymoon still count as a honeymoon, or is it another vacation? All the couples interviewed were adamant that the second trip was the real thing. Most couples choose a far-flung place they might never have a chance to visit again.

For some couples, budget is not as much of an issue as planning fatigue and pressure to make it all perfect. After all, a wedding is only one day while a honeymoon lasts longer.

Ruchi Dungarani, 33, of New York, is a marketing manager for American Express who was married in May 2012. She always knew she would take a mini-moon followed by a second, more-elaborate trip because of the sheer effort involved in planning her 500-guest wedding.

“You really want your honeymoon to be perfect, and have the time to pick the right jewelry and go shopping for the right clothes,” Mrs. Dungarani said. “But I didn’t have time to do this, because I was worrying about seating charts and flowers. Wedding planning is just so stressful.”

After the wedding, Mrs. Dungarani and her husband, Dr. Trushar Dungarani, 33, an internist, took a quick trip to the Amalfi Coast and Sicily. They thought they would go to Bora Bora for their honeymoon, but the long flight put them off. They settled on the Turks and Caicos a few months later.

“Some girls dream of their wedding, but I was always dreaming about my honeymoon,” she said. “I think it’s even more romantic than the wedding because it’s just about the two of you.” And no seating charts in sight.

A version of this article appears in print on October 20, 2013, on page ST20 of the National edition with the headline: A Little Getaway After the Big Event.

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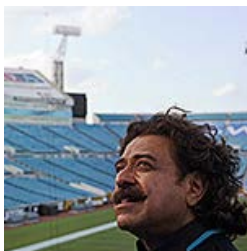
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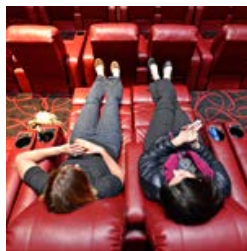


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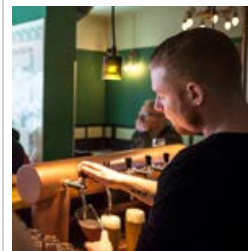
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Conde Nast readers: Lake Placid has 3 of NY's 5 best hotels

October 18, 2013

By staff (adenews@adirondackdailyenterprise.com) , Adirondack Daily Enterprise

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ALBANY - Gov. Andrew M. Cuomo congratulated five New York state hotels that were selected in the Conde Nast Traveler Reader's Choice Awards in the "Top 20 Resorts in the Northeast" category.

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As the fifth largest employment sector in New York, tourism supported 714,222 jobs and generated \$17.39 billion in wages in 2012, according to the governor's office.

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October 18, 2013 6:34AM

GOVERNOR CUOMO CONGRATULATES FIVE NEW YORK STATE HOTELS FOR WINNING CONDE NAST TRAVELER READER'S CHOICE AWARDS

Five Properties Selected among "Top 20 Resorts in the Northeast"

Governor Andrew M. Cuomo today congratulated five New York State hotels that were selected in the *Conde Nast Traveler* Reader's Choice Awards in the "Top 20 Resorts in the Northeast" category. The annual awards are selected by the publication's readers who choose the best in an array of categories including [the best hotels, islands, cities, cruises, and airlines](#).

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With 11 different vacation regions, New York State offers visitors and residents an abundance of activities and sights to see as well as new experiences. From quirky attractions, quaint towns, historic sites and beautiful beaches to a plethora of outdoor activities, year-round festivals and major events, the Empire State is the destination for all things travel.

Since taking office, Governor Cuomo has put in place a series of initiatives to bolster statewide tourism, including launching new marketing and advertising campaigns to showcase New York State's many assets and attractions. As the fifth largest employment sector in New York, tourism supported 714,222 jobs and generated \$17.39 billion in wages in 2012. In 2011 alone, the Empire State hosted 202 million total visitors, an 8.3 percent increase from the year before, and 76.2 million overnight visitors.

To build on these successes and continue to boost tourism and create jobs, the Governor also recently announced several new initiatives to spotlight the State's natural beauty and recreational opportunities and to attract visitors to upstate New York, as well as Market NY and Taste NY to promote "made in New York" products.

For more information on New York State, visit www.iloveny.com.

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5 New York State hotels win Conde Nast Traveler Readers' Choice Awards

by Jacquie Adams

Posted: 10.17.2013 at 11:16 PM

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Five New York State hotels have won Conde Nast Traveler Readers' Choice Awards for 2013. They were all selected in the "Top 20 Resorts in the Northeast" category.



The annual awards for the publication gives readers the chance to pick the best in a wide variety of categories, which includes the best hotels, islands, cities, cruises and airlines.

The New York State hotels that won Readers' Choice Awards in the "Top 20 Resorts in the Northeast" category are:

- Mirror Lake Inn Resort and Spa, Lake Placid, the Adirondacks (ranked #1)
- Lake Placid Lodge, Lake Placid, the Adirondacks (ranked #3)
- Mohonk Mountain House, New Paltz, the Catskills (ranked #6)
- Whiteface Lodge, Lake Placid, the Adirondacks (ranked #11)
- The Sagamore, Lake George, the Adirondacks (ranked #13)

You can find the complete list of the "Top 20 Resorts in the Northeast" by clicking here.

"This year's Conde Nast Traveler Readers' Choice Awards show that avid travelers are choosing Upstate New York as a top destination to stay and vacation," said Governor Andrew Cuomo in a press release. "This recognition of the world-class accommodations in the Adirondacks and the Catskills is well deserved, and it will help further the momentum we are generating in the state's tourism industry."

"We want visitors to come to New York and experience all of what we have to offer. So pack your bags, book a room at one of our outstanding hotels and explore the Empire State," Cuomo said.

New York City was named one of the "Top 10 Cities in the United States."

To continue to boost tourism in New York State, Governor Cuomo has recently announced several new initiatives to help showcase the natural beauty of the state and recreational activities. The initiatives are also aimed at attracting more visitors to Upstate New York.

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Andrew M. Cuomo - Governor

Governor Cuomo Congratulates Five New York State Hotels for Winning Conde Nast Traveler Reader's Choice Awards

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Five Properties Selected among "Top 20 Resorts in the Northeast"

Albany, NY (October 17, 2013)

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Five NY Hotels Win Conde Nast Traveler Reader's Choice Awards



[Joe Gullo](#)



10/17/2013 01:55 PM 10/17/2013 02:01 PM

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A press release says the annual awards are selected by the publication's readers who choose the best in a variety of categories including the best hotels, islands, cities, cruises, and airlines.

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Five New York State Hotels Win Conde Nast Traveler Reader's Choice Awards



Mohonk Mountain House, New Paltz, The Catskills was among five New York State hotels selected for Conde Nast Traveler Reader's Choice Awards in the "Top 20 Resorts in the Northeast" category © 2013 Karen Rubin/news-photos-features.com

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"This year's *Conde Nast Traveler* Reader's Choice Awards show that avid travelers are choosing Upstate New York as a top destination to stay and vacation," Governor Andrew Cuomo said in congratulating the five hotels.

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"This recognition of the world-class accommodations in the Adirondacks and the Catskills is well deserved, and it further the momentum we are generating in the state tourism industry. We want visitors to come to New York and experience what we have to offer. So pack your bags, book a room at one of our outstanding hotels and explore the Empire State."

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A TANK AWAY

Leaf-peepers and even Olympians welcome in Lake Placid, NY

By Diane Bair and Pamela Wright | GLOBE CORRESPONDENTS OCTOBER 15, 2013



DIANE BAIR FOR THE BOSTON GLOBE

The dining room at Whiteface Lodge offers a cozy start or end to your day.

“So that’s what they mean by fall color!” our companion said, gesturing to a runner on Route 86 in northern New York who wore nothing but a raspberry-hued thong with his sneakers as part of an overnight running relay race that takes place between Saratoga Springs and Lake Placid. Autumn’s palette is always stunning in the Adirondacks, but what’s really striking about the small town of Lake Placid is its sporty vibe. At the moment, the trails of the High Peaks (the forty-six 4,000-plus-footers of the Adirondack Mountains) are dotted with hikers and peak-baggers; come winter,

snowshoe enthusiasts and ice climbers take over. Area lakes become skating rinks and golf courses morph into cross-country ski centers. Then again, what else would you expect from a town that has hosted two winter Olympic Games (1932 and 1980), where an Olympic ski jump tower is a major local landmark? In this hale-and-hearty burg, the dress code is fleece-and-jeans, whether you're hitting the shops in town or sitting down for an Ubu Ale at the Lake Placid Pub & Brewery.

STAY

Reminiscent of an Adirondack great camp, the beautiful **Whiteface Lodge** (7 Whiteface Inn Lane, 888-582-0500; www.thewhitefacelodge.com; suites from \$275) was named one of the world's best places to stay by Condé Nast Traveler. The 94 guest suites have handcrafted Adirondack furnishings, private balconies, and — in many cases — cast-iron fireplaces. The resort's amenities include a spa, indoor-outdoor pool, hot tub, an ice rink, a fine-dining restaurant and lounge, and nightly s'mores around a campfire. The **Golden Arrow Lakeside Resort** (2559 Main St., 800-582-5540; www.golden-arrow.com; from \$119) on Mirror Lake has been commended for its sustainability. The 166 guest rooms include family suites (kids love the indoor heated pool) and pet-friendly lodgings. Village shops are right outside the door. If you like the intimacy of a bed-and-breakfast, you'll be delighted with the Stagecoach Inn (3 Stagecoach Way, 518-523-9698; www.lakeplacidstagecoachinn.com; rooms from \$169). Guests at this restored 1820s property enjoy a nightly happy hour, a full Irish breakfast each morning, and the local scoop from in-the-know hosts. The four guest rooms are decorated with antique Adirondack-style furnishings.

DINE

Lisa G's (6125 Sentinel Road., 518-523-2093; www.lisags.com; entrees from \$12.95) is a down-home local favorite. Everyone from motorcycle clubs to families with babies loves this place. Try the pulled-pork sandwich topped with coleslaw (\$9.95) or the BBQ chicken salad (grilled peaches and jalapeno-corn vinaigrette add a unique edge to this entree-sized plate of greens). Eat outdoors overlooking the river when the weather is fine. The award-winning craft brews draw crowds to the **Lake Placid Pub & Brewery** (814 Mirror Lake Drive, 518-523-3813; www.ubuale.com; from \$10), and the pub fare is better than you'd expect, especially the house ale-and-onion soup (\$7) and spicy black bean burger (\$10.) The farm-to-table cuisine at **Liquids & Solids at the Handlebar** (6115 Sentinel Road, 518-837-5012, www.liquidsandsolids.com; from \$13) is winning rave reviews; creative (small-ish) plates feature solids like rabbit crepinette with lentils

(\$15) and beef heart ragout with gnocchi (\$13). Among the liquids, the sinus-clearing “maple & spice” bourbon cocktail gets its kick from cayenne pepper. Hit the hiking trail (or the road toward home) with a sandwich from the **Adirondack Corner Store** (188 Newman Road, 518-523-1689; www.adkcornerstore.com; from \$6), Lake Placid’s best deli.

During the Day

If you’re a hiker, you’ll feel like a kid in a candy store. Lake Placid is a gateway to six-million-acre **Adirondack Park**, a federally protected forest reserve, and nearly all of the famed 46 high peaks are reachable via local trailheads. The folks at the Adirondack Mountain Club (ADK) are experts; the year-round **Adirondack Loj** (100 Adirondack Loj Road, 518-523-3441; www.adk.org) offers a staffed visitors center with current trail information. There’s also parking for several trailheads, including high peaks and not-so-high summits. A good choice for a day hike is Mount Jo, a 2.3-mile round trip to the summit (2,876 feet), with killer views of the high peaks and Heart Lake. If you’re just looking for a pretty walk, take the easy-going 2.7-mile stroll around Mirror Lake. Ski season starts right after Thanksgiving at **Whiteface Mountain Lake Placid** (2634 Main St., www.whiteface.com), which claims the greatest vertical drop east of the Rockies. You can also experience its lofty grandeur without putting on a pair of skis by riding to the summit of Little Whiteface — and down again — in the eight-person **Cloudsplitter Gondola** (\$20 per person.) The ride is free if you spring for an Olympic Passport (\$32; www.whiteface.com), which also gets you into sites like the Olympic Museum and the (very cool) Olympic Ski Jump Complex, where you can watch freestyle skiers train — by jumping into a swimming pool! Alas, paddling season is winding down, but if you’re planning a spring visit and want to experience the beauty of the ’Dacks from the water, contact Jason at **Adirondack Lakes and Trails Outfitters** (541 Lake Flower Ave., Saranac Lake; 518-891-7450, www.adirondackoutfitters.com; kayak rentals \$35.) On a rainy day, the shops along Lake Placid’s Main Street offer some fun browsing for rustic furniture, accessories, and outdoorsy duds. A fun shopping example: **Adirondack Trading Co.** (2512 Main St., 518-523-4545; www.adktrade.com), featuring two floors of woodsy, camp-style furnishings (including those famous twig chairs) to outfit your home in



D. BAIR

The summit of Mt. Jo offers hikers views of high peaks and Heart Lake.

rustic, 'Dacks style.

After Dark

After a day spent hiking or skiing, you might not feel too lively. Perhaps a cozy table and live music at the rustic-chic **KANU** lounge at Whiteface Lodge is just the ticket (see Stay, above.) Meanwhile, at the **Northwoods Inn** (2520 Main St., 518-523-1818; www.northwoodsinn.com), the Delta Blue bar hosts live blues acts on weekends, like Dave Keys Blues Band, a New York favorite. **Smoke Signals** (2489 Main St., 518-523-2271; www.smokesignalsq.com) is a new spot for live music on weekends. And for retro family fun, there's a bowling alley called **Bowlwinkles** (2750 Main St., 518-523-7868; www.bowlwinkles.net.) Of course, if you've played hard, in the spirit of the 'hood, there's nothing like a soak in a hot tub!

Diane Bair and Pamela Wright can be reached at bairwright@gmail.com.

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A TANK AWAY

Tank Away: Lake Placid, NY



Diane Bair for the boston globe

The dining room at Whiteface Lodge offers a cozy start or end to your day.

By Diane Bair and Pamela Wright / Globe Correspondents / October 15, 2013

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So that's what they mean by fall color!" our companion said, gesturing to a runner on Route 86 who wore nothing but a raspberry-hued thong with his sneakers as part of an overnight running relay race that takes place between Saratoga Springs and Lake Placid. Autumn's palette is always stunning in the Adirondacks, but what's really striking about the small town of Lake Placid is its sporty vibe. At the moment, the trails of the High Peaks (the 46 4,000-plus-footers of the Adirondack Mountains) are dotted with hikers and peak-baggers; come winter, snowshoe enthusiasts and ice climbers take over. Area lakes become skating rinks and golf courses morph into cross-country ski centers. Then again, what else would you expect from a town that has hosted two winter Olympic Games (1932 and 1980), where an Olympic ski jump tower is a major local landmark? In this hale-and-hearty burg, the dress code is fleece-and-jeans, whether you're hitting the shops in town or sitting down for an Ubu Ale at the Lake Placid Pub & Brewery. [Full story for BostonGlobe.com subscribers.](#)

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Taiji Body Work

October 7, 2013

As excitement builds for this winter's Olympic Games in Russia, get a taste of the action at Lake Placid, New York.

Twice host for the winter Olympics, Lake Placid is the opposite of Sochi when it comes to crowds. Small hotels, boutiques, and burger shops line the lakeshore leading to the Olympic Complex. Active year-round, the 1980 arena is gearing up for the 2014 games to be shown indoors.

Set in the magnificent Adirondack State Park, the combination of sport and spa has never been better. Colorful autumn foliage and crisp mountain air added to our visit. There are thrilling rides on the Olympic luge, and the arial gondola to Whiteface Mountain's ski complex. And hikers are out in force.

Lake Placid's Whiteface Lodge recently expanded its world-class spa. Tucked into a rustically luxurious structure, the nine-room sanctuary has hair and nail salons, offers a wide range of treatments plus group exercise, fitness equipment, and a healthy option cafe. Featuring skin care by Naturopathica made in New York, the spa menu includes a maple butter body wrap, apple cider masque, outdoorsman facial, and hot stones massage. Packages are available for a half-day and full-day.

Designed like historic Great Camps that put the area on the map in the 1880s, the all-suite resort is one-of-a-kind. Entering the wooden porte-cochere is a sensory pleasure: spacious, intimate lounges, fireplaces perfuming the air, this is mountain living on a grand scale.

Massive logs fame the main dining room, Kanu, rising three stories in a style of architecture that defines Adirondack craftsmanship. Stone fireplaces warm the room, and a wood-fired oven produces regional specialties as well as pizza. Culinary excellence reached new peaks at a harvest dinner created by executive chef David Haick and his team. Sourced from local farms, the menu included a bone-in beef tenderloin, butternut squash puree on toasted chanterelle mushrooms, and baked Scotch egg with salad. The hay-smoked Nova Scotia oysters were worthy of legendary meals at Marjorie Merriweather Post's nearby camp. Dessert was apple sorbet, wines and beer from New York.

Ideal for families, the Lodge has informal dining as well as a kitchen in every suite. With just 94 spacious suites spread on three floors, the center garden provides an ice skating rink and indoor/outdoor swimming pools. The spa makes up for its underground location with a warm walkway to the pools. (Future plans call for an adult pool where you can swim laps.) And there's a theater for daily screenings of movies, complete with popcorn.

As night came on, couples relaxed in the whirlpools, steam rising into the crisp air. The Adirondacks are about the outdoors, and we could hike numerous trails on the Lodge grounds. Also recommended for nature lovers is the interpretive center at Paul Smith's College of the Adirondacks. Historic artifacts add interest at the Adirondack Museum.

Cruises from the Whiteface Lodge beach club provide not just scenic thrills but an introduction to the people who live in this protected wilderness. The Adirondack Mountains, ablaze with color, extend from north of Albany almost to the Canadian border near Montreal.

Back in 1980, the U.S. ice hockey team beat the Russians here.

Lake Placid is still a perfect place to celebrate.

Whiteface Ldge has daily rates that include breakfast buffet and use of spa facilities. Call 800-903-4045; www.thewhitefacelodge.com

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15 hrs ago | Daily-Jeff.com

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Monday | Business Journal

... who catch the national team's eye will be invited to a three-day training session at the team's headquarters in [Lake Placid](#), N.Y., and those who do really well will have the change to train through the national team's ranks with the hopes of making ...

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Autumn Ski Jump

Saturday Oct 5 | Northwest Herald

... in Fox River Grove, Ill. on Saturday, Oct. 5, 2013. Lathan Goumas - lgoumas@shawmedia.com Landon Liveri, 12, of [Lake Placid](#), New York waxes his skis before the start of the 28th annual Autumn Ski Jump competition Sunday at the Norge Ski Club in Fox ... [Comment?](#)

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Acclaimed [Lake Placid](#) chef does it his way

Sunday Oct 6 | Watertown Daily Times

... a visit was a must. We first discovered Richard and his cooking at the Wawbeek Resort outside Tupper Lake. In [Lake Placid](#), we followed him to the Interlaken and, most recently, Alegria Garden Cafe. Between creating and executing interesting and ... [Comment?](#)

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Devils swing past [Lake Placid](#), Lady Dragons top DeSoto w/Photo

Friday Oct 4 | Newsun.com

A brand new team is always scary for a coach, but for [Lake Placid](#) High School's girls' golf coach, Athletic Director Jon Million, his rookie team has surprised him.

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Fall in Love with These Fall-Themed Spa Treatments

Oct 03, 2013 | By [Kate Phillips](#) | [COMMENTS](#) 

Autumn means the changing of leaves and the changing of menus, as spas add a few seasonal items to their list of services. Spiced Cider Pumpkin Massage, Apple Cider Sugar Scrub, Caramel-Covered Apple Wrap...these treatments not only cater to this time of year, but are beneficial, too: For example, pumpkin enzymes help slough away dull skin layers and increase cell regeneration, while apple cider vinegar aids in fighting acne.

See below—we've completely fallen for these autumnal spa treatments.



[The Spa at Whiteface Lodge – Lake Placid, NY](#)

Apple Cider Masque & Massage: Rehydrate your skin with this body mask and wrap containing mineral clays from Canadian seas, iced ciders, and apple vinegar. It concludes with a scalp and full-body massage—with a nourishing body crème rich in apple extracts.

[LakeHouse Spa at Lake Austin Spa Resort – Austin, TX](#)

Olive Our Love: This signature treatment comprises a scrub, shower, oil application, wrap, and massage using nutrient- and antioxidant-rich olive oil.

[Sahra Spa & Hammam at The Cosmopolitan of Las Vegas – Las Vegas, NV](#)

Nourishing Harvest Massage: This full-body massage increases circulation and softens skin with a juicy puree of pears and green apples.

Hiatus Spa + Retreat – Dallas & Austin Locations

Smashing Pumpkin: Following an enzyme mask/scrub enriched with organic pumpkin, clove, cinnamon, and Kombucha, you're treated to a warm Vichy shower—and a Kombucha Smash cocktail.

Spa at Mandarin Oriental, Mandarin Oriental, New York – New York, NY

Warmth & Wellness Body Treatment: This three-part holistic body treatment, using ecologically sustainable products by Amala, begins with a sea-salt-and-crushed-olive-stone body polish, followed by a detoxifying clay body mask and chakra energy work. It ends with a full-body application of organic Mediterranean Myrtle, fig, and olive body butter.

Mirbeau Inn & Spa – Skaneateles, NY

CaraMelt Me Away!: This body treatment incorporates a scrumptious blend of buttery, whole nectar milk quench, sweet cream sea salt and shea sugar lather, peppery caramel body milk, and citrus-vanilla shea butter.

The Spa at The Modern Honolulu – Honolulu, HI

Yam & Pumpkin FALL Facial: The spa's new fall facial includes a yam and pumpkin enzyme peel to detoxify the skin.

The Spa at Casa Madrona Hotel & Spa – Sausalito, CA

Warming Massage: The massage—combining sports stretches, compressions, and deep tissue work—utilizes a blend of herbal oils and high-potency arnica to warm and soothe muscles, ease chronic muscle tension, and stimulate soft tissue repair.

Sense Spa at CordeValle, A Rosewood Resort

CordeValle Signature Body Therapy – Grape Seed & Cherry Bark Scrub: An antioxidant-infused grape-seed and cherry-bark scrub is the precursor to a grape-seed vanilla body butter massage.

Aquaterra Spa at Surf & Sand Resort – San Diego, CA and The Spa at Rancho Bernardo Inn – San Diego, CA

Pumpkin Peel Hand Treatment: This nourishing treatment is full of beta-carotene and Vitamin A, plus the pumpkin enzymes encourage new cell turnover.

The Spa at Rancho Valencia Resort & Spa – San Diego, CA

Spiced Cider Pumpkin Massage and Wrap: The 90-minute Spiced-Cider Pumpkin Massage and Wrap blends a cider fizzing soak, Splendid dirt organic pumpkin mud mask, and sparkling body oil.

White Barn Inn & Spa – Kennebunk Beach, ME

Seasonal Treatment Autumn Leaves: A warm mixture of sweet orange essential, crushed local cranberries, and almond oil polish away summer sun, followed by a warming rosemary balm application.

Out of the Woods Spa at Twin Farms – Barnard, VT

Pumpkin Honey Facial: Not only does this skin-care treatment use Tata Harper products, handmade in Vermont, but it uses organic ingredients from the property's own gardens.

The Spa at Pelican Hill at The Resort at Pelican Hill – Newport Coast, CA

Grape Seed & Olive Oil Body Scrub: A 50-minute warm scrub and relaxing massage feature ground olive skins, grape seeds, and antioxidant-rich olive oil.

Ocean Pearl Spa at Sheraton Carlsbad – Carlsbad, CA

Pumpkin Enzyme Anti-Aging Facial: This facial gets rid of dead skin cell buildup and boosts cell regeneration—plus, the treatment comes with a complimentary gift with purchase.

The Spa at The Inn at The Inn at Rancho Santa Fe – San Diego, CA

Harvest Spice Facial & Pumpkin Peel: A soft brush massage complements an all-natural pumpkin and cinnamon peptide peel.

The Spa at Camelback Inn at JW Marriott Camelback Inn Resort & Spa – Scottsdale, AZ

Caramel-Covered Apple Wrap: The body treatment starts with a body scrub consisting of apple, cinnamon, and brown sugar, combined with an intoxicating ginger-pecan flavored body scrub, followed by a wrap, scalp massage, Vichy shower, and a caramel body milk application with a caramel scent.

The JW Marriott Desert Springs Resort & Spa – Desert Springs, CA

Pumpkin Cranberry Facial: Natural fruit enzymes, including a cranberry pomegranate mask, help to rejuvenate skin.

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Lake Placid: The Perfect Upstate Retreat

by Sucheta Rawal on October 01, 2013




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One of the best kept secrets in upstate New York is the city of **Lake Placid**. Nestled in the heart of the Adirondack Mountains, Lake Placid offers picturesque scenery, unique culture and plenty of outdoor adventures.

Historically, an American physician named Edward Livingston Trudeau put Saranac Lake on the map in the late 1800s as an escape for patients with tuberculosis. Soon, the area became a popular summer retreat among the rich and famous. The Winter Olympics of 1932 and 1980 brought about additional attention to city and the Lake Placid Ironman is the longest running triathlon in the U.S. aside from Championship Kailua-Kona in Hawaii where thousands of athletes come to test their abilities every year.

Lake Placid is a popular spot for outdoor enthusiasts; those who like to hike, bike, swim, hike, rock climb, kayak, camp or simply enjoy nature.

CHEF'S CORNER

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Sauteed Chinese Cabbage



Sauteed Pork Chops with Cranberry Sauce

Getting to Lake Placid

Lake Placid is located close to the U.S./ Canadian border and attracts visitors from both countries. It is easy to rent a car and drive to Lake Placid from surrounding big cities of Burlington (3 hours), Montreal (2 hours), Toronto (5.5 hours), New York City (5 hours) or Boston (5 hours).

Lodging at the Lake

The [Golden Arrow Lakeside Resort](#) located directly on Mirror Lake offers some of the best views in the city. It is convenient for shopping, dining and relaxing on the beach. Complimentary equipment for paddling, kayaking and boating is available to the guests.

For a quieter atmosphere, you can book yourself a luxurious suite at [Lake Placid Lodge](#). The upscale camp lodge is a majestic arts and crafts building on the scale of the Newport Cottage. The lodge offers private boat tours and direct access to the lake to its guests. The location is popular for intimate weddings, so make sure you book well in advance.

For a quirky German bed and breakfast-style setting, head to family owned [The Pines Inn](#), where you will find cozy rooms and a friendly staff. They also have a German Biergarten themed dinner on Friday nights where you can enjoy beer and pretzels on the outdoor patio.

Farm to Table Dining

Start your day with a hearty breakfast at [Generations Restaurant](#) adjacent to the Golden Arrow. Locally sourced fresh ingredients are used for preparing omelets and pancakes. This is a good place to sample maple syrup and cheese made at New York farms.

Rekindle the romance with a lakeside dinner during sunset at Artisan's restaurant located at the Lake Placid Lodge. Finest Champagnes, beluga caviar, Maine lobster, homemade pasta and white chocolate truffles are just a few aphrodisiacs on the menu. Chef Nathan Rich's seasonally inspired multiple course menu is likely to create memories that would last a lifetime.

Pick up a box of the yummiest hand made goats' milk (cajeta) and sea salt caramels you will ever have from [Asgaard Farm and Dairy](#). They also sell award-winning chèvre, feta and soft cheese made right at the farm.

Learn about maple production from sap to jar at the [Uihlein Sugar Maple Research and Extension Field Station](#), located just a few minutes outside the city. Bring cash for the unmanned store where you can buy maple syrup in bottles of all shapes and sizes.

Activities for Mind and Body

Before you gear up and head out to play, stop by Eastern Mountain Sports, a one-stop shop for sporting equipment and guided tours. Here you can rent or buy everything you need for your day's adventure. You can also enlist for one of their group explorations or hire a guide for a personal tour. Choose from hiking, biking, golf, fishing, paddling, birding, hunting



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In the winter, Alpine enthusiasts may spend their winter days ice climbing, skiing and riding on the east's greatest vertical, Whiteface Mountain. With Over 283 acres of ski-able terrain, 86 trails and 11 lifts at Whiteface Mountain, there is plenty of room to enjoy the slopes. The ice skating rink at the Olympic Center and Lake Placid Olympics Museum are also open year round for visitors and competitors.

While Lake Placid is a great place to visit year-round, it is exceptionally magical in the fall when the leaves change colors. Drive, motorbike or cycle up the scenic Whiteface Mountain Veterans Memorial Highway to its summit mountain top castle and catch some of the best views of the foliage.

After a day on the slopes, relax at the spa located at [The Whiteface Lodge](#), the only resort hotel at Lake Placid. Enjoy a body wrap or massage followed by a dip in one of their indoor or outdoor pools. The spa's café, KANU, also serves an organic menu with delicious Bento box lunches and detox drinks.

Not to Miss Fall Events in Lake Placid

[Lake Placid Farmers' Market](#) and [Keene Farmers' Market](#) – Held at the Lake Placid Center for the Arts every Wednesday through October 23 and at the Marcy Airfield in Keene every Sunday through October 13, respectively, both feature locally sourced produce, meat, poultry, baked goods, handmade crafts from Adirondack artisans and more.

[Oktoberfest at Whiteface Mountain](#) – Held at Whiteface Mountain annually, Oktoberfest is a weekend-long celebration of all things Bavarian, complete with authentic music, dancing, food, beer, Gondola rides to the top of Little Whiteface to view the fall foliage, lotsof lederhosen and more.

[Lake Placid Brewfest](#) – The second annual Lake Placid Brewfest returns, complete with samplings of some of the best beers from around the country, alongside Q&A opportunities with the brewers behind them.

[Flaming Leaves Festival](#) – Featured on the "[Today Show's](#)" [top fall festivals](#) roundup in 2012, the Flaming Leaves Festival features food, sport, music, and more. Watch as some of the nation's best ski jumpers soar through the air, enjoy live music performances and chow down on delicious BBQ. Don't forget to take a trip to the top of the tallest 120-meter ski jump to see the fall foliage at its best.

Photo credit: [Sucheta Rawal](#) and [VisitAdirondacks.com](#)

Photo Gallery

