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Cucumber and Dill Salad By Chef David Haick



Chef David Haick presents his favorite go-to vegan salad drizzled with dill vinaigrette and spiced up with arugula and radishes.

By Michelle Tchea



Chef David Haick is a vegan.... but his restaurant in the Adirondacks, New York is indeed not. The chef is a great cook and definitely full of flavour and hearty comfort foods after a day out hiking the peaks and wizzing down white slopes in the mountains.

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Tips on Hosting a Beautiful Spring Gathering

We grill: Chef David Haick from Whiteface Lodge, Adirondacks

How did you become vegan?

I became 95% vegan because of social issues and through philosophical choices. When I was in Pennsylvania, on the news, the reporter was covering a story of how the cattle were being treated at a meat packaging plant in California. I realized this was the meat I had been eating for years and vowed not to eat beef because of the way the cattle was being treated. I became a culinary instructor and educated students on the meat process and how the cattle was raised, harvested and packed. During this time, I did a lot of research about the meat industry/animal products and what the average American consumes. This was the turning point for me.

Presently, my family only purchases meat from reputable local farms, or reputable brands that we recognize as consumers. We keep abreast of industry practices, and pay attention to ingredient lists. We believe “Garbage in-Garbage out.” Our produce is also from reputable brands.

How do you cook non-vegan dishes – are you able to taste the food?

I cook non-vegan dishes with extreme passion; I am a chef at the end of the day. However, I do know where my products come from. As a consumer, we have buying/purchasing power. I do taste food all the time.

Are there any foods you miss or crave?

I allow myself each week to have cheese and sometimes eggs. The cheese is reserved for cheese pizza on pizza night with the family. The last time I had an egg was this past Easter.

Cucumber and Dill Salad By Chef David Haick

Chef Haick from the Whiteface Lodge presents his go-to vegan salad.

Author: David Haick
Recipe Type: Salad
Cuisine: Vegan
Serves: 1

Ingredients

- ¼ C Baby Arugula
- 1 each English Cucumber, sliced and cut into sticks
- 1 each Radish, sliced
- 2 each Blackberries or Raspberries, cut in half
- 1 T Dill Vinaigrette
- Garnish Fresh Dill
- Garnish Vegan Cream Cheese

Vinaigrette

- ¼ C Fresh Dill
- Juice of 1 lemon
- ¼ C cold pressed grape seed oil
- season with sea salt.

Instructions

Vinaigrette

1. Combine ¼ C Fresh Dill, Juice of 1 lemon into a blender. Puree while adding ¼ C cold pressed grape seed oil, season with sea salt.

Salad

1. Place arugula into the center of the plate; arrange five cucumber sticks on top of arugula
2. Inconsistently, arrange sliced radish and cucumber
3. Randomly, place berries throughout salad
4. Drizzle vinaigrette onto vegetables, and garnish with fresh dill and vegan cream cheese



Print



An EGG For Every Occasion — Brunch Edition



Ten Excellent Grilled Desserts

RECIPES



No-Rice Bibimbap Bowl



Seared Ahi Tacos with Mango Avocado Salsa



Quinoa Stuffed Endive with Blueberry and Basil



Buttery Brioche Rolls

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Wedding Show Comes to Lake Placid June 1



Monday, May 19, 2014



LAKE PLACID, N.Y. – The area's first Lake Placid Wedding Show will be held on June 1 at the [Whiteface Lodge](#), the award-winning resort tucked into the majestic Adirondack Mountains. The event is presented in conjunction with WellWed New York. Brides-to-be looking to turn their wedding dreams into reality will find all their nuptial needs met at this premier event. The expo will take place from 12 to 3 p.m. and tickets are \$5 at the door.

Attendees will receive a champagne greeting, hors d'oeuvres, a cake tasting, a property tour, and will be entered to win prizes from participating vendors such as dinner for two and engagement photos with keepsake album during hourly giveaways.

Ready to make wedding wishes come true, event participants include top Adirondack vendors from event designers to venues to florists and photographers. Future brides will also have the opportunity to meet with event planners for personalized wedding recommendations.

As an added bonus, happy couples who tie the knot at Whiteface Lodge will receive a complimentary wedding cake by Executive Pastry Chef Paul DeLong and will also be entered to win a complimentary wedding night stay in a romantic one-bedroom suite with luxurious features including a jetted tub, private balcony and fireplace.

“We are thrilled to partner with WellWed to bring this wonderful showcase to Lake Placid,” said Rosette Press, director of sales at Whiteface Lodge. “Our resort alone hosts an average of 40 weddings each year; this showcase event will allow couples to explore their options and learn what makes the Adirondacks an ideal destination for a wedding or honeymoon.”

Vendors on site will include:

- ▶ Crown Plaza Lake Placid
- ▶ High Peaks Resort
- ▶ Golden Arrow Resort
- ▶ Lake Placid Lodge
- ▶ The Whiteface Lodge
- ▶ Paul Hameline photography
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To learn more about the event please contact Lake Placid Wedding Show coordinator, Nicole Zaluski at (518) 523-0534.

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DIY S'Mores Station

MAY 19, 2014 / in **FOOD**



Hosting a wedding, outdoor BBQ or a weekend at the cottage? Create a **DIY S'mores Station** for your guests with some inspiration from this set-up at [The Whiteface Lodge](#) in Lake Placid.

Get your **campfire or firepit** going and lay out a basket arranged with marshmallows, Hershey chocolate bars and pack of graham crackers with a note for your guests to help themselves. Buy a couple packs of [these marshmallow roasting sticks](#) and leave them in a bucket of warm water for your guests to use.

For an extra touch, leave a few throw blankets ([these are my favourite](#)) on the back of each chair to keep everyone warm. Don't forget to arrange a few chairs for your friends and family to relax in.

Enjoy!

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XO *Lisa*



Oh hey there!

I'm Lisa Ng & **THIS BEAUTIFUL DAY** is a lifestyle blog for smart women. I write daily about my favourite things like food, travel and style.

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Whiteface Lodge: World-Class Luxury in Lake Placid

The Daily Meal May 15, 2014 5:32 PM

Lake Placid is a classic destination for those looking for some peace. There are dozens of small hotels and motels, as well as diversions like wineries, breweries, and the Olympic training center, located in and around downtown Lake Placid, but the best way to experience the natural beauty of the area is to stay at one of the big lodges there. We had the opportunity to spend a weekend at the Whiteface Lodge, and would recommend it with reservation. The AAA Four-Diamond hotel is truly the gem of the Adirondack. The traditional log-cabin Adirondack-style architecture creates a rustic a homey feel, and behind its timeless design is an efficient team operating world-class efficiency, with a level of hospitality that you'll only find at the best hotels in the world. Whiteface is the only resort in the region that's made entirely of suites, meaning that each suite features a fully-equipped kitchen, private balcony or patio, radiant-heat flooring in the bathrooms, and a washer-dryer. Suites range in size from 700 to a whopping 2,300 square feet, and there are 94 of them at the resort in total. And while the suites are spectacular, you can spend 12 hours every day not in your room, never leaving the grounds, and always have something to do. There's a gym, a fully-equipped spa, a year-round indoor/outdoor pool and several hot tubs (one of which is adults-only), a 56-seat movie theater, a game room complete with a private vintage bowling alley (reserve a time at the front desk; nobody should leave without experiencing this!), an ice cream parlor, and a kids club. And the only what's available indoors! Should you decide to venture outside, the ice skating rink (in the winter), outdoor lean-tos where you can relax with cigar and cognac, tennis courts and a fishing pond (in the summer), nature trails, and lake access. Because Whiteface Mountain itself is a protected area, it's a brief car ride away, but if you want to ski a shuttle will take you the Concierge can also help you out if you're looking to do basically any type of outdoor activity, from golfing to rock climbing to dog sledding, and you can even take a jaunt over to the Olympic complex if you want to try your hand at bobsled. All those activities can work up an appetite, and the dining found at Whiteface is in many ways its crown jewel. Executive chef David Haick is at the helm at KANU, a spacious restaurant with soaring ceilings and spectacular views. He's crafted a menu that would earn raves anywhere in America,

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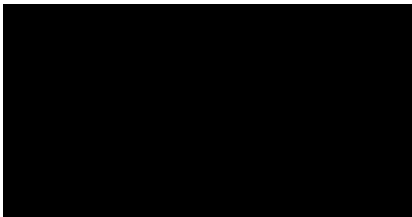
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drawing on local, seasonal ingredients. On their spring menu, there's a 1 English pea soup with Vermont ramps; local lamb chops with lavender a Vermont feta; a Heritage pork chop with vanilla-scented turnip puree, Br sprouts, dried fruit, and sweet potato; and a 14 ounce bone-in filet with smashed potatoes, morels, and a salted pork and veal reduction. There's also a gluten-free menu, a kids' menu, and a Food & Wine Spectator Award Excellence-winning 400-bottle wine list. Every morning there's a full bre: buffet as well, with a la carte options including cinnamon brioche French waffles or pancakes with fresh berries, and eggs from Virginia's Harmon Farm. There's also the KANU Lounge, for those looking to have a cockta lunch, or a more casual dinner experience. That menu includes a warm bean dip; pizzas; a burger made with local cheddar, Kilcoyne Farms An; beef, honey-cured bacon, and a housemade bun; and roasted mountai For dessert, there's fried apple rings or an ice cream sandwich. While it's that these are some world-class accommodations, it's the little things tha the level of hospitality here above and beyond the norm. For example, if leave something in your car someone will run down into the heated park garage and retrieve it for you and bring it to your room, and there are no machines; just give the front desk a call and they'll bring you some. And just the tip of the iceberg; the odds are high that you'll never hear the word "no" during your entire visit. Whiteface Lodge is really one of those resort that's all things to all people: you can spend your visit reading in a plush in your suite, taking in the great outdoors, watching movies, swimming, (spa treatments, bowling, sampling 25 single malt Scotches in the lounge any combination of those, and leave feeling like you accomplished every you set out to achieve. It's rare when a destination gets everything right, the smallest details, but Whiteface really does.

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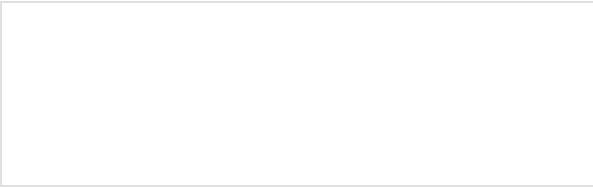
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Whiteface Lodge: World-Class Luxury in Lake Placid

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Whiteface Lodge

The all-suites resort is a fine example of Adirondack-style log cabin architecture.

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May 15, 2014

By [Dan Myers](#)
Editor

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Today on The Daily

Lake Placid is a classic destination for those looking for some peace. There are dozens of small hotels and motels, as well as diversions like wineries, breweries, and the Olympic training center, located in and around downtown Lake Placid, but the best way to experience the natural beauty of the area is to stay at one of the big lodges there. We had the opportunity to spend a weekend at [the Whiteface Lodge](#), and would recommend it without

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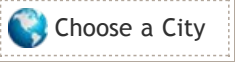
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The AAA Four-Diamond hotel is truly the gem of the Adirondacks. The traditional log-cabin Adirondack-style architecture creates a rustic and homey feel, and behind its timeless design is an efficient team operating with world-class efficiency, with a level of hospitality that you'll only find at the finest hotels in the world.

Whiteface is the only resort in the region that's made up entirely of suites, meaning that each suite features a fully-equipped kitchen, a private balcony or patio, radiant-heat flooring in the bathrooms, and a washer-dryer. Suites range in size from 700 to a whopping 2,300 square feet, and there are 94 of them at the resort in total.

And while the suites are spectacular, you can spend 12 hours every day not in your room, never leaving the grounds, and always have something to do. There's a gym, a fully-equipped spa, a year-round indoor/outdoor pool and several hot tubs (one of which is adults-only), a 56-seat movie theater, a game room complete with a private vintage bowling alley (reserve a time at the front desk; nobody should leave without experiencing this!), an ice cream parlor, and a kids club. And that's only what's available indoors! Should you decide to venture outside, there's an ice skating rink (in the winter), outdoor lean-tos where you can relax with a cigar and cognac, tennis courts and a fishing pond (in the summer), nature trails, and lake access. Because Whiteface Mountain itself is a protected area it's a brief car ride away, but if you want to ski a shuttle will take you there. Concierge can also help you out if you're looking to do basically any type of outdoor activity, from golfing to rock climbing to dog sledding, and you can even take a jaunt over to the Olympic complex if you want to try your hand at bobsled.

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Virginia's Harmony Hill Farm.

There's also the KANU Lounge, for those looking to have a cocktail, lunch, or a more casual dinner experience. That menu includes a warm white bean dip; pizzas; a burger made with local cheddar, Kilcoyne Farms Angus beef, honey-cured bacon, and a housemade bun; and roasted mountain trout. For dessert, there's fried apple rings or an ice cream sandwich.

While it's clear that these are some world-class accommodations, it's the little things that raise the level of hospitality here above and beyond the norm. For example, if you leave something in your car someone will run down into the heated parking garage and retrieve it for you and bring it to your room, and there are no ice machines; just give the front desk a call and they'll bring you some. And that's just the tip of the iceberg; the odds are high that you'll never hear the word "no" during your entire visit.

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Bridal Booty Giveaway: A Pair of Tickets to the Lake Placid Wedding Show & a Three Tier Cake by the The Whiteface Lodge [Photography: Tomas Flint Photographers]

Happy Wedding Wednesday Brides & Grooms! For this week's bridal booty we're serving up sweet inspiration in the form of two tickets to The Whiteface Lodge's Lake Placid Wedding Show AND a delectable three-tiered cake from the same gorgeous New York getaway.

Nestled in the majestic forest surrounding Lake Placid, this spectacular locale is enveloped in sumptuously rustic timber and teeming with Adirondack opulence. Designed with area's Great Camps in mind, The Whiteface Lodge boasts old-world charm while providing all the modern amenities you could desire.

Sunday, June 1st, the lodge is hosting The Lake Placid Wedding Show, a premier bridal event sure to inspire. Featuring vendors from all over the Adirondack region, this one-of-a-kind expo will get your creative gears spinning and offer all the help to make your unique wedding vision come true.

If you're searching for the perfect cake to set the tone for your special day, look no further than The Whiteface Lodge. With a culinary team as extravagantly sumptuous as the lodge itself crafting your gorgeous three-tiered confectionary tower, your wedding cake is sure to take you and your guests' breath away.

For a chance to kill two wedding birds with one ritzy, delicious stone simply "like" this post on the WellWed Facebook Page & message us your email address. One lucky winner will be chosen at random & will be notified via Facebook within a week.

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Wedding show will make debut

May 7, 2014
By staff , Adirondack Daily Enterprise

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LAKE PLACID - A new event, the Lake Placid Wedding Show, will debut June 1 at the Whiteface Lodge, in conjunction with WellWed New York.

The expo will take place from noon to 3 p.m. Tickets cost \$5 at the door.

Each attendee will receive a champagne greeting, hors d'oeuvres, a cake tasting, a property tour, and will be entered to win prizes from participating vendors. Visitors will then get to meet a variety of vendors including wedding planners, venues, florists and photographers.

"This showcase event will allow couples to explore their options and learn what makes the Adirondacks an ideal destination for a wedding or honeymoon," Rosette Press, director of sales at Whiteface Lodge, said in a press release.

To learn more, call show coordinator Nicole Zaluski at 518-523-0534.

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Spa and Retail Therapy at Lake Placid's Whiteface Lodge

May 6, 2014 -



Whiteface Lodge, the award-winning resort tucked into the majestic Adirondack Mountains, awakens the mind, body and wardrobe from a long winter hibernation with its Spring Renewal package.

Perfect for a relaxing respite or a friends' getaway, the two-night package includes two 50-minute treatments per day at The Spa at Whiteface Lodge and additional treatment discounts. Also included are luxurious suite accommodations with a cast-iron gas fireplace, jetted spa tub and private balcony or patio; full breakfast daily; and access to the picturesque indoor/outdoor pool and hot tub, cedar wood saunas and eucalyptus-infused steam room.

Budding fashionistas and shopaholics alike can indulge in a little retail therapy along Main Street where local Lake Placid shops and outlet stores are offering exclusive discounts or gifts for guests who book the package. Those looking to make the most of their revitalizing retreat will receive a discount on a variety of renewing massages, bath rituals and other signature treatments inspired by the Adirondacks from the Apple Cider Masque and Massage to the Adirondack Exfoliation. The two-night Spring Renewal package is available until June 20, 2014 and rates start at \$478 per night.

For reservations or more information please visit www.theWhitefaceLodge.com or call (518) 523-0500.



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Even the manliest of men will feel comfortable indulging in one of the five new male-oriented treatments featured on The Modern Man menu at The Spa at Whiteface Lodge (Lake Placid, NY). Designed for male skin, The Outdoorsman (\$140, 50 minutes) is a facial they won't be able to resist. It begins with a gentle cleanse using steam and Naturopathica's Oat Cleansing Facial Polish, followed by a manual lymphatic massage. An enzymatic exfoliation takes place next using the Pear Fig Polishing Enzyme Peel. "In general, men tend to neglect their skin more than women," says spa director Jamie Costa. "As a result, dryness and redness are more common. It is essential to exfoliate these layers of dead skin cells before moisture can be properly absorbed." To nourish skin, either Carrot Seed Soothing Facial Oil or Rosehip Seed Regenerating Facial Oil is applied along with a customized treatment mask. The skin is also given a dose of Plant Stem Cell Booster Serum, Vitamin K Brightening Eye Serum, Beech Tree and Ginseng Daily Moisturizer, and sunscreen. Says Costa, "Unique to this treatment is the comparatively high SPF 30 we use, as many facials stay within the range of SPF 15 to 20." For Naturopathica products: www.naturopathica.com. —Heather Mikesell

PHOTOGRAPHY: SHUTTERSTOCK

WHITEFACE LODGE IN LAKE PLACID, NY A ROMANTIC GETAWAY AND A FAMILY RESORT

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THIS AWARD WINNING LODGE, COMPLETED IN JUNE 2005, WAS THE VISION OF A FORMER OLYMPIAN.

The lodge features many wood creations, and much of the timber was hand-milled on-site, and accents such as handcrafted Adirondack furnishings and beautiful antlers chandeliers adorn the interior spaces, creating a wonderfully elegant, luxurious and cabin-like authentic ambiance. Each suite is

designed to conjure the essence of the Adirondack Great Camp tradition.

Each of the Lodge's 94 guest suites welcome guests with handcrafted furnishings, forged accents, many of which are created in house, and (in most suites) cast-iron fireplaces lend warmth and authenticity to the living spaces. Fully complemented kitchen, radiant-floor heat, jetted tubs, pillow-top beds, flat-screen LCD TVs, and a sitting patio or balcony can also be found in guest rooms.

If romance is on your mind, the Premier Lake Placid NY Spa is located in Whiteface Lodge and it is ranked among the Top 100 Spas in North America by Condé Nast Traveler. The 5,800-square-foot spa blends the rustic beauty of its setting with an extremely relaxing and serene ambiance, featuring saunas and steam rooms. The Spa is the perfect way to unwind and truly enjoy your vacation or a romantic getaway.

If you are traveling with the family, the kids can enjoy the day in Kamp Kanu, where ice skating, swimming lessons, crafts and fun are the main course. Home-made cookies are placed on each bedside at turndown, along with a bonfire and nightly s'mores when weather permits. Full access to all of the resort amenities,



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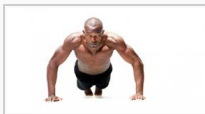
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About MVP:

MVP is a multicultural/diversity marketing professional focusing on the Hispanic & LGBT communities. A social media junkie & avid traveler who writes from the LGBT family's perspective. Follow @mannyvp on twitter or visit mannyvelasquezparedes.contently.com

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The Whiteface Lodge, Lake Placid, NY, USA – Babymoon Package





- Babymoon
- Hotel Overview
- Booking

The Whiteface Lodge created a blissful babymoon experience for expecting couples :

Babymoon Package, including :

- ♥ Luxurious Accommodations
- ♥ Full Breakfast Daily
- ♥ One (1) Pregnancy Massage – 50 minutes
- ♥ Access to all resort amenities
- ♥ \$50 credit to spend at Lodge restaurants, spa and other on-site amenities

WellWed in New York » Blog » Events & Deals » Pamper Yourself | Girls Night Out at the Whiteface Lodge Spa

04.29.2014

TAGS {EVENTS & DEALS}

PAMPER YOURSELF | GIRLS NIGHT OUT AT THE WHITEFACE LODGE SPA



Girls Night Out at the Whiteface Lodge Spa
Date: Thursday, May 1st
Location: The Whiteface Lodge | Lake Placid, NY

>>RSVP today, call 518.523.0560 to book! ❁

Pamper yourself & your special ladies, or take a break from wedding planning stress, during Girls' Night Out at the Whiteface Lodge Spa!

Thursday, May 1st, enjoy half off specials on massages, body treatments, nail care, and a luxurious facial. Experience this lavish spa, and their new Hydro Facial Machine - a 25 minute regimen that will cleanse, exfoliate, painlessly extract, and moisturize your skin to perfection. You are sure to slip into blissful relaxation during this evening of leisure. Call today to book your appointment for the perfect bachelorette celebration, or a personal pampering session!

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