

In Keeping with A Healthy Mind & Body We Invite You to Share In Executive Chef Christopher Browne's Spa Menu. Cuisine That Is Low In Fat & Sugars with No Additional Salt Added. Our Spa Bento Box Menu Allows For You to Create A Lunch That Will Nourish & Recharge the Body.

Name: _____

Room # _____

Desired Time Slot:

Check One

12-12:30

12:30-1

1-1:30

1:30-2

2-2:30

2:30-3

3-3:30

3:30-4

4-4:30

Please Allow 1 Hour For Lunch If Booking Multiple Spa Services or Planning Activities

Consuming Raw, or Undercooked, Meat, Poultry, Eggs or Shellfish May Pose Certain Health Risks



Spa Bento Box Menu 18

Please Select One Item From Each of the categories below. All Bento Box Options Include Fresh Fruit

Greens

- Artisan Sweet Lettuces
- Crisp Romaine Hearts

Proteins

- Grilled Chicken Breast
 - Seared Ahi Tuna
 - Grilled Shrimp
 - Marinated Tofu

Dressings

- Lemon Vinaigrette
- Sherry Basil Vinaigrette
- Red Wine Vinaigrette

Enhancements

- Celery & Carrot Sticks
- Yogurt & Granola

Beverages

Iced Tea, Lemonade,
Coca Cola Products

Additional items available from our lunch menu

20% Gratuity & Appropriate Tax
Will Be Applied To All Checks

